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Chronicle

Country Club Neighborhood Association

Lincoln, Nebraska • November 2008



Charlie Gallentine is the Country Club SouthPointe Star Student! Page 13



**Tree Finds 2nd Life as a Totem!
Story Inside on Page 2**

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Tree Finds 2nd Life as Totem

By John Beecham

"What one man casts to the ground, another picks up as a treasure"

October 19, 2008 over 100 people gathered on O'Reilly Drive to help Doug Wood dedicate his totem pole. The carving project took 15 years, starting with a ferocious summer storm and ending with a Potlatch supper, the ceremony the Northwest Indians use to honor the spirits who watch over the tribe.

A summer mini-tornado/wind shear in July 1993 toppled trees near 27th & Manse. The street was impassable with downed electric wires and trees. Doug's wife, Sue, had wanted a totem pole ever since her college summer job working for the Alaskan railroad.

The tree was 70 years old when it ended one life and began another. It had fallen on a house and been hauled into the street. Doug, an engineer and inventor, saw the potential in this special tree that had a 16 foot trunk and was over 3 foot in diameter. He negotiated with the people hauling debris: he paid \$100 for the tree base and another \$100 for delivery to his home.

How does one create a totem pole out of a downed maple tree? Doug's only training came from carving jack o'lanterns. So he took a class in wood carving from Lincoln Parks and Rec. He carved mushrooms, trolls and birds and acquired some elementary technique and knowledge of wood. He gathered tools and put the trunk in one stall of his garage. First the tree needed to dry (to avoid cracking) and it took three years until the bark came off.

During this time Doug studied totems to determine what his totem would look like. He took inspiration from native people of the Pacific Northwest whose creative philosophy is: the totem pole is already inside the tree. The carver just takes away the wood until he finds the figures.

Doug started with a collection of books and pictures of animals and totem spirits. He wanted to represent his family *(continued on page 3)*

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Country Club Neighborhood Association Chronicle

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2008-2009 CCNA Winter Meeting Schedule

November 18th, Tuesday

CCNA Neighborhood Meeting
Irving Rec Center, 2010 Van Dorn
7:00PM - Everyone's Invited

February 17th, Tuesday

CCNA Neighborhood Meeting
Irving Rec Center, 2010 Van Dorn
7:00PM - Everyone's Invited

March 17th, Tuesday

CCNA Neighborhood Meeting
Irving Rec Center, 2010 Van Dorn
7:00PM - Everyone's Invited

The CCNA meets the third Tuesday in the months of February, March, April, July, September, October and November at 7:00PM. Meetings are held at Irving Rec Center located 2010 Van Dorn Street. All are invited and encouraged to attend.

FOCALPOINT PUBLISHING

A Message from FocalPoint Publishing

Thank you for reading this issue of the Country Club Neighborhood Association Newsletter! We, at FocalPoint, are pleased to help provide this publication for your neighborhood. This newsletter is FREE to homeowners thanks to the support of local businesses -- please show your support by visiting their establishment or utilizing their services. For more information about this or other publications, please call 420-7880 or visit www.fppub.com.

Advertising and Sales: Scott Stream

Graphic Design: Ali Schwanke

(Tree Finds 2nd Life, Continued from page 2) and carve in the Haida style. But the wood had its own mind and the grain helped determine which animals would fit on the pole.

Doug started carving in earnest in 1996. He carved weekends, vacations, spring and fall. Eventually he air conditioned his garage so he could work in the summer. When progress was slow, he invented a machine to help with carving. Every inch of the huge tree was hand finished with chisel and mallet. An Indian tribe might have several carvers, but Doug's project took him over 10 years. His daughter Eleanor helped paint the totem with indigenous colors.

The totem represents Doug's family with four animal figures--eagle, bear, beaver and orca--the killer whale. Atop the pole sit three watchmen to protect the family. They are based on three wise monkeys looking, listening, and warning of danger.

The Potlatch dedication is hosted by the carver's family. The totem is uncovered and a spread of food offered. Doug, the chief, told the stories of the pole's creation, the family's history and an epic feat--the carving of the totem.



Bob Beecham and the Totem Pole

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Letter from the CCNA President - Bob Beecham



Bob Beecham
CCNA President
2008-2009

One responsibility of the president of the Country Club Neighborhood Association is to keep the governing board and membership focused on our mission and goals.

As a reminder our goals are:
1) Preserve the value of property and improve the quality of life in our neighborhood.

Protect the character and historic value of our neighborhood.

2) Enhance and support neighborhood beautification projects, safety, development, and homeownership.

3) Encourage leadership, education, open communication and participation at the neighborhood and community level.

The CCNA Board identified several activities to support and implement these goals:

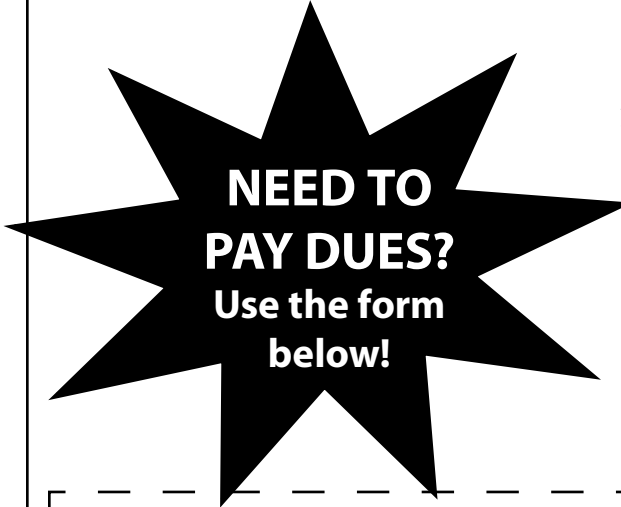
BISHOP HEIGHTS DEVELOPMENT: The Board felt that the CCNA had a role to play in encouraging the development of the space left vacant by Russ's IGA. The empty parking lot and the dark space made for a pretty depressing site. While the CCNA can't claim any credit for securing a new tenant for the space, we are thrilled to welcome the new True Value Hardware to the old Russ's space. The owners of the new store are planning a sneak preview for their neighbors before the January, 2009 opening. See the article on page 19.

HISTORIC DISTRICT: Part of the CCNA mission is to protect the historic nature of the area. We are committed to preserving South 27th Street from further expansion. With the creation of the new Country Club Historic District, we are taking a giant step in achieving both objectives. As outlined in the last issue of the newsletter and at the special meeting on August 28th, the new historic district will enable homeowners to make improvements to their homes while at the same time delaying paying taxes on the increased valuation. In addition, the historic district designation will require the city to prove any widening of South 27th Street to prove that such a project will not damage or destroy the historic value of our neighborhood.

GOOD NEIGHBORS PROGRAM: Under the goal of encouraging communications, the Board has begun the Neighbors Recognizing Neighbors Program (see article on page 7). We live in the best neighborhood in Lincoln and it is important to recognize the efforts of the people that make it great. This program is your chance to show that you appreciate the extra effort of people who do so much.

See my editorial on page 16. This summer, gas reached \$ a gallon, the stock market tumbled and we are all learning about global warming. Can one person make a difference? Read my thoughts - I hope to see you on a city bus!

-- Bob Beecham



Country Club Neighborhood Association 2008-2009 Dues Statement

Name: _____

Address: _____

Phone: _____ Email: _____

Annual CCNA Membership dues (good until January 2010) = \$ 15.00

Additional Contribution (Thank you very much!) = \$ _____

If dues and contributions total \$25 or more, the entire amount is tax deductible.

Enclosed is one business card for the online directory = \$ 0.00

Number of Additional Cards Enclosed _____ @ \$5.00 Each = \$ _____

TOTAL Enclosed = \$ _____

Please make check payable to **Country Club Neighborhood Association** and return it with this form and your business card(s) to:

CCNA Dues, P.O. Box 21953, Lincoln, NE 68542.

www.ccnalinc.org

Please check your areas of interest:

- CCNA Board of Directors
- Newsletter Contributor
- Parks and Beautification
- History/Historic Preservation
- Social/Neighborhood Party
- Home/Garden Tour for 2009
- Membership/Welcoming
- Garage Sale
- Traffic

Other Interests/Talents _____

2008-2010 CCNA Board

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Vice President

Paul Vaccaro, 3500 South 27th

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Rifka Keilson, 2827 South 27th

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Carrie Knight, 2525 Lafayette

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 Lori Haudrich, 3215 South 31st
 Stephen Haudrich, 3215 South 31st
 Tiffany Heier, 3100 Van Dorn
 Dick Johnson, 3025 Bonacum
 Rev. Peter Frazier-Koontz, 2300 Sewell
 Kay Maxwell, 3045 Puritan
 Bob McManus, 3030 Sheridan
 Bill Norris, 2832 Manse Avenue
 Joyce Norris, 2832 Manse Avenue
 Cynthia Woods, 2500 Woodscresc
 Susan Vaccaro, 3500 South 27th

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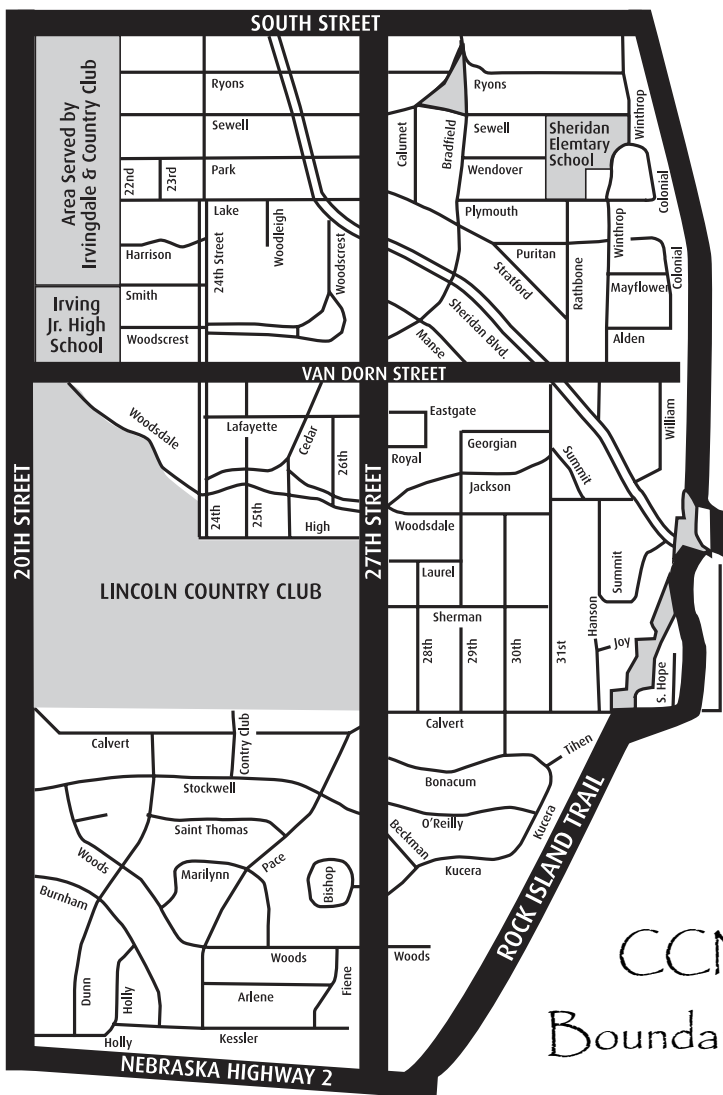
Stephen Haudrich, 3215 South 31st

Thank you for serving your neighborhood!

CCNA Chronicle Publishing Schedule

February
 May
 August
 November

The CCNA Chronicle is the official publication of the Country Club Neighborhood Association (CCNA). The CCNA Chronicle is published four times a year by the CCNA and every address in the CCNA boundaries is mailed a copy. Statements of fact and opinion made are the responsibility of the authors alone and do not imply an opinion on the part of the officers or members of CCNA. While this publication makes a reasonable effort to establish the integrity of its advertisers, it does not specifically endorse advertised products or services unless specifically stated as such. All correspondence regarding this publication should be directed to: Country Club Neighborhood Association, Attn: CHRONICLE Editor, PO Box 21953, Lincoln, NE 68542.



CCNA
Boundary Map

www.ccnalincoln.org

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- | | | | |
|---|--------------------|--------------------------------------|----------|
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| Buried Lines..... | 477-0547 | Sidewalks (repair, shovel, etc.) ... | 441-7541 |
| City Council Representatives..... | 441-7515 | Weed Problems..... | 441-7817 |
| Crime Stoppers | 475-3600 | Zoning Violations..... | 441-7521 |
| Household Hazardous Waste..... | 441-8022 | | |
| Housing Codes..... | 441-7785 | | |
| Mayor's Office | 441-7511, 441-6300 | | |
| Neighborhood Watch..... | 441-7204 | | |
| Parks and Recreation | 441-7847 | | |
| Quality of Life (24 hour anonymous com- | | | |
- Visit www.ccnalinc.org to find:**
- CCNA Business Directory
 - A CCNA boundary map
 - Links to other community organizations
 - Read past issues of the *Chronicle*
 - See By-Laws
 - CCNA Email: ccna@neb.rr.com

State Board Approves Neighborhood Preservation Plan

“The State Historic Preservation Board has approved a plan to give the neighborhood historic status,” says Ed Zimmer. City Planner Zimmer met with board members on the morning of September 19th and gave them a tour of the neighborhood, highlighting the architectural heritage of the Country Club area. He later learned that the board voted to advance his preservation plan to the federal government.

We should know more about the plan’s status with the federal authorities within the next three months. According to Zimmer, they have 90 days to make a decision.

In a previous meeting of the neighborhood association this summer, Zimmer emphasized three benefits to neighborhood homeowners of the Historic District status:

- Should the city of Lincoln propose to widen South 27th Street, it will have to undergo a Federal review process which would present an extra obstacle to such widening.
- Also, homeowners in the neighborhood would be able to advertise their homes as appearing on the register of National Historic Places, adding value to their homes and communicating the neighborhood’s appeal to potential home buyers.
- Finally, under this status neighborhood homeowners would be eligible for a special property tax assessment preference for Historic properties, known as the “Valuation Incentive Program.” This program would freeze any increase in property taxes for eight years on homes undergoing “substantial” improvement projects as a way to encourage rehabilitation of historic properties.

Still Time for a 2008 Tax Deduction

The Country Club Neighborhood Charitable Foundation was established about fifteen years ago. While the neighborhood association itself is not a tax deductible entity, the CCNA Charitable Foundation is. This allows people to make contributions that are tax deductible and for the foundation to have the benefits of a charitable entity. All monies go to the preservation and enhancement of your neighborhood.

If you would like to make a charitable contribution before the end of the year, please send your donation to:

CCNA Charitable Foundation
P.O. Box 21953
Lincoln, Nebraska 68542

You can also make the CCNA Charitable Foundation the recipient of any memorials.

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Good Neighbor AWARD NOMINATION Form

What is a good neighbor? We see examples every day. Walk down any street in the CCN and you will see residents improving the physical environment by building additions or by improving their landscape. You will also see neighbors checking on the elderly couple next door or helping a new neighbor move into their home. It is these kinds of acts, both big and small, that we want to recognize with CCNA GOOD NEIGHBOR AWARDS.

The purpose of the Good Neighbor Award is simple: to let others know what great neighbors you have and to encourage folks to continue to make the neighborhood a great place to live and work.

Some of the following would be considered grounds for nomination:

- Improving or maintaining landscaping
- Improvements to homes
- Improves the friendliness of our neighborhood
- Good deed doers
- Making the CCN a better place to live
- Contribute to the beauty of the CCN

Nominees will be recognized in The Chronicle and formal recognition will occur at the CCNA annual meeting each March. Let's pass this spirit along and encourage good stewardship and acts of kindness! www.ccnalinc.org

Name of Good Neighbor Award Nominee:

Address of Nominee:

Reason for the Nomination *(send attachments or photos if you wish):*

Name, Address and Phone Number of Person Making the Nomination:

Please clip this form and send to:
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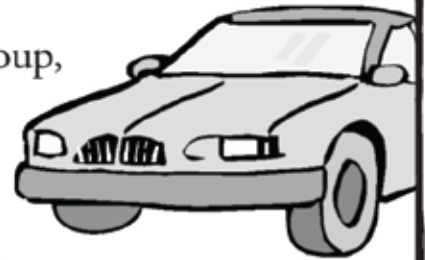
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Fall / Winter Tree Care Tips for the Country Club Area

By Leo K Larkin, B.S. Forestry

The fall and winter season is now creeping upon the Country Club Neighborhood and now is the time to start thinking about “buttoning up” for the season. Here are a few tips that folks can look into while it is still warm and still have fun cleaning up the yard.

- 1) Fall is best season for planting trees because water for growth production has started its downward trip into the ground for storage for the following spring. So now is the prime time for planting new trees.
 - 2) Water. Water. Water. Water. Water. Fall is the best time for watering plants. Plan on running the water for a least 1 hour per tree and let the water puddle and drain after awhile. Let the water run at least more than a trickle. This watering will assist next year’s growth when spring breaks.
 - 3) Consider staking trees when planting new trees with small trunks that could use straightening. Cut rubber hose or bicycle tires to protect bark from rope or twine damage.
 - 4) Fall is a good time also for pruning. This is perfect time to assess tree damage from wind, ice, and other storms. Pruning tips are in textbooks, Nebraska Extension offices, and of course, the Lincoln City Forester, Steve Schwab at 441-7035
 - 5) When planting trees, consider the proximity to the house and wires that may be close to your house. These options will greatly assist you in future tree trimming or removals.
- These are just some tips for taking care of your trees before the winter snow flies and the Country Club neighbors can have fun as well as keeping your yard looking beautiful!



'Tis the Season . . .

Whether it is the economy, gas prices or by choice, people seem to be staying closer to home this year. The media has called it “sta-cations” where Americans are spending more of their leisure and vacation time staying at and around home. What a better place to spend some of your Thanksgiving and holiday vacations than to “sta-cation” in the neighborhood!

- Take long, relaxing walks throughout the neighborhood. Because most houses have real wood burning fireplaces, the aroma of a log fire fills the air. It smells soooo good!
- Leave your outside lights on. Not only is this a safety feature, but it also enhances your home for admiring passers-by.
- It has been tradition to decorate

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with lights and to have the luminaries on Christmas Eve. Become part of the tradition. Decorate for the holidays. Put up lights or a menorah in the window. It's fun for the family and fun for those walking and driving by. Many families have created fond memories by strolling through the neighborhood during the holidays.

- Spend time going to different parts of the neighborhood. The differences in styles and architecture are part of the uniqueness of our neighborhood.
- Have a neighbor or someone who is alone? Welcome them into your home. Take them a little Thanksgiving or holiday cheer. After all, we are all neighbors taking care of each other.
- Go caroling. Get a group of friends together and go sing your hearts out. Afterwards, have some fun around the fire.
- Call your neighborhood school or your church or synagogue and ask if a family needs some help during the holidays. Make an anonymous donation. It is the season for giving and for sharing.
- Rejoice! Our neighborhood is truly blessed.

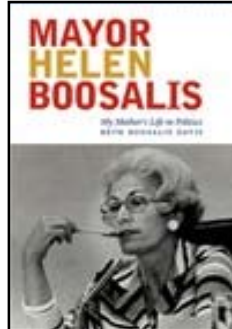
DO YOU WANT TO CONTACT THE CITY OR REGISTER A COMPLAINT?

For those of you who emailed asking where the "Request For Services" on the City website disappeared to, we found it. You can go to the City of Lincoln website, www.lincoln.ne.gov and click on "Contact Us" in the blue bar. When that list appears then click on "Citizens Services Request System."

This "Citizens Service Request System" allows you to confidentially file a complaint about a property – garbage, weeds and untidy lawn/property, junk cars, unlicensed vehicle, animal complaints, etc. You can also request that you be contacted via email the results of your complaint. Don't want to file an email complaint? You can also use the 24 hour phone line. Call the confidential hotline at 441-6300.

CCNA Book Corner

Each issue we will feature a book written about or by a CCNA neighbor. This month we highlight Helen Boosalis who lived at 3019 Jackson for 30+ years and was the first female Mayor of Lincoln. This chronicle of her life was written by her daughter.



Mayor Helen Boosalis

My Mother's Life in Politics
By Beth Boosalis Davis (2008)

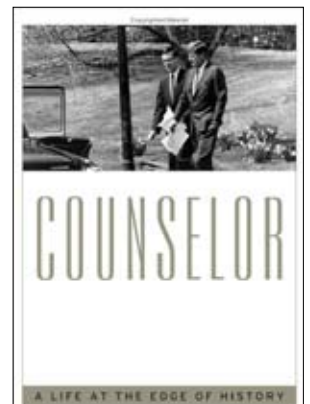
As a 1950's housewife and League of Women Voters volunteer who spearheaded the city of Lincoln's switch to a "strong mayor" form of government, Helen Boosalis never anticipated that she herself would one day be that strong mayor and chief executive of Nebraska's capital city.

Helen Boosalis's story, told by her daughter, Beth Boosalis Davis, is the story of a true pioneer of women in politics. The daughter of Greek immigrants, Boosalis achieved national prominence as the first woman president of the U.S. Conference of Mayors and as an outspoken advocate for economically distressed cities facing President Reagan's "new federalism." Winning the Democratic nomination for governor of Nebraska in 1986, Helen Boosalis ran against Kay Orr in the first gubernatorial contest between two women in U.S. history. The interwoven tales of conflict and challenge, from the mayor's office to the campaign trail, combine personal insight into one woman's trailblazing political history with a compelling memoir of a half century of public service and private devotion shared by two remarkable women.

Counselor

By Ted Sorensen (2008)

Theodore C. 'Ted' Sorensen, former special counsel and adviser to President John F. Kennedy and a widely published author on the presidency and foreign affairs, practiced international law for over 36 years and represented U.S. and multinational corporations in negotiations with governments all over the world. Sorensen is a Lincoln native and graduate of UNL and the University of Nebraska College of Law. His memoirs, "Counselor: A Life at the Edge of History," were published in May, 2008.



WELCOME HOME TO TED SORENSEN

Theodore C. Sorensen will speak at Lied Center Nov 18 at 7 pm. The speech is free but may be sold out. You can also hear him at Lincoln High School auditorium on Nov 19 at noon for a free speech to students. A video will be shown "Who is this guy from Lincoln High?" Ted praises the education he received from Sheridan, Irving, and Lincoln High.

Neighbors

RECOGNIZING Neighbors

Good Neighbor Nominee:

Bob Ammon, 2825 South 25th Street

Submitted by:

Jim and Mary Lynn Schaffer, 2601 Lafayette Ave

A few years ago the Country Club neighborhood area residents voted to install ornamental street lights. Bob was a huge supporter of this effort with his time and energy. Once the streetlights were installed and the ground had settled around the poles, he realized that the metal bases were easily tilted and jarred by lawn mowers, causing damage and scratching of the poles.

In spring 2008 Bob took action: he designed, built, painted and installed stabilizers for each of the 67 light poles, at his own expense. He also repainted all of the

collars/bases and touched up painting of the scratched poles.

Bob reports: *"The poles were installed in 2004. A year later, I noticed the "bases" were starting to sink into the dirt. To my surprise, the bases were not attached to the poles themselves (they were decorative collars) and after rain softened the ground, the bases were sinking. And many bases had been bumped by mowers and were "off center".*

"Since I had given LES the final OK on this particular model, I had a bit of buyer's remorse, which inspired the corrective device shown in the photo. It's basically a "tic-tac-toe" pattern of two-by-fours that stabilize the bases from both sinking and from getting bumped off center."

We appreciate Bob's pride in our neighborhood and his willingness to pitch in and donate his skills, time, and resources to make our boulevards and streets beautiful.

Please join us in thanking Bob for his contributions when you see him out walking the neighborhood!



Bob and Peggi Ammon with Bob's invention to stabilize and protect the street light poles.

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Helping Your Family Stay Healthy This Winter

Fall is nearly here and winter will arrive all too soon. We will be closing up our homes and bunkering down for that nasty Nebraska winter weather.

Once a home is closed up, many people begin to experience more problems with sneezing, congestion, runny noses, watery eyes, odors and, of course, dust. What could be causing these issues to flare up - is it the cold temperatures or something else in our living

environment that causes more sickness in winter than the warmer months?

One of the little known sources of irritants and germs in a home is its air distribution system. Many people believe their air ducts couldn't possibly contain dust, germs and the aftermath of everyday living (dirt, pet dander, and hair just to name a few). "I clean every room of my house once a week with germ-killing cleaners, I don't know why we're having so many problems" a homeowner told us. The reason is simple: You haven't cleaned the unseen room in your house - your air ducts. These ducts are what suck in airborne germs and allergens spit them back out for the next person to breathe in.

These ducts have most likely been dirty since the day the construction of your house was completed. Many construction companies do not have the ductwork professionally cleaned and the ductwork

can become the "permanent dust pan system" during the building process. Builders also run the furnace and/or air conditioner during the building process to help speed-up the drywall drying processes. This means that drywall dust, saw dust and other construction byproducts were sucked into your cold air ducts and through your ductwork during the entire building process. These dust particles become a

huge irritant to our respiratory and sinus systems.

It gets worse...you have created a lot of your own dust - the average 1500 sq. ft.

home creates approx 40 lbs. of dust per year! These airborne contaminants (caused mainly by your own skin, pet dander, and outside environment) are sucked into your ductwork where they settle and continually re-circulate through your home day after day.

When you close up your home for the winter, no fresh air can get in leaving you only this dirty, germ and contaminant-filled air to re-circulate throughout the home for your family to breathe for months! It's not a pretty picture, but there is an obvious solution: focus on your homes air quality and have your air ducts professionally cleaned.

It may be the best investment in your family's health you make all year long!

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Aaron Marshbanks is the Owner and President of DuctMedic® Air Duct Cleaning Co. and a certified Air Systems Cleaning Specialist (ASCS) and Ventilation Systems Mold Remediator (VSMR) through the National Air Duct Cleaners Association. He can be reached at 435-3828.



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UPCOMING EVENTS

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Saturday, November 29, 6PM**

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Beginning Friday, November 28**

*Santa Events Presented
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New Store, Magical Events at SouthPointe Pavilions

**The Santa Celebration & Santa Station
Presented by First National Bank**



The Santa Celebration kicks off the holiday season on Saturday, November 29 at 6:00 p.m. in the Center Courtyard with B107.3 Morning Show hosts Gina and Joe. Enjoy rockin' tunes by the kid-lovin' String Beans with a grand entrance by Santa at 6:30 plus refreshments, giveaways, thousands of lights and strolling performers.

The Santa Station

The Santa Station opens on Friday, November 28 and is located on the west side of SouthPointe between Von Maur and Talbots. Children enjoy a cosy chat and candy with Santa; extraordinary photos by Vantage Imaging are also available. The Santa Station is open Fridays and Saturdays, noon-8 p.m.; Sundays noon-5 p.m. plus special hours the week of Christmas.

Christmas Wish with B107.3

SouthPointe Pavilions is proud to partner with B107.3 radio and Lincoln Benefit Life in granting wishes to those in need. Hundreds are nominations are received, wishes will begin airing on B107.3 on Thanksgiving Day. Make sure to tune in to 107.3 for heartfelt, joy-filled Christmas Wishes come true.

SouthPointe Pavilions Gift Cards



For the first time, SouthPointe also offers a center-wide holiday gift card! Accepted at all 53 SouthPointe stores, restaurants

and theatres except Office Max, SouthPointe gift cards may be ordered in any amount between \$5 and \$500. They're perfect for clients, employees, family and friends because they give the gift of choice. Where else can the recipient see a movie, buy a football, eat pasta or get a hair cut, all with the same small card? Gift cards may be purchased online at www.southpointeshopping.com or in the Customer Service office near the south café entrance of Barnes & Noble.

New at SouthPointe: Pixi Chix



Pixi Chix is located between Von Maur and Yankee Candle on the south side of the center. Created by Shawn Hamilton, Pixi Chix features a fabulous variety of clothing and accessories for girls and women plus lines that can be personally customized for groups such as schools, sororities, bridal parties and events. Check out pixichix.com or call them at 421-0125 for details.

W W W . S O U T H P O I N T E S H O P P I N G . C O M

Let it Snow, Let it Snow, Let it Snow

“LET IT SNOW” makes beautiful lyrics for a song, but snow itself can be quite unpleasant if you are not either prepared for it or know what to do with it.

- City Ordinance requires that you remove snow from sidewalks within 24 hours if snow is greater than 1”. If you have sidewalks – either in front or behind your house – this is especially important if you are on a walk-to- school route. You can be turned in for not shoveling your walks and fined if you violate this ordinance.
- Depositing your snow on city property? City ordinance prohibits you from depositing your snow on a boulevard, public way (make tall piles between curb and sidewalk). It is very difficult for cars at an intersection to see oncoming cars if you have a “snow mountain” between the sidewalk and curb. You can be fined for violating this ordinance.
- Snow routes – It is always ideal to keep vehicles off the street, especially when it snows or is icy. It keeps your car safe from other sliding vehicles and from being trapped when the plow comes by.

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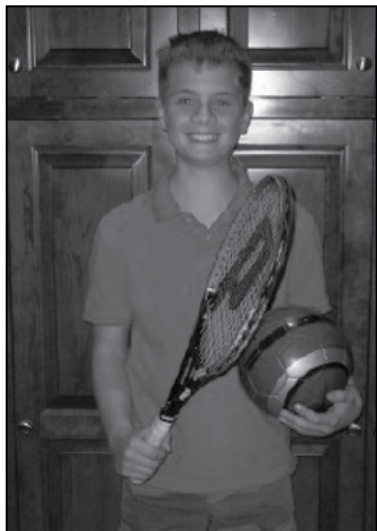
Advertise in a neighborhood publication! For advertising opportunities that exist in this and other publications, call Scott Stream at 420-7880.



Charlie Gallentine

Charlie Gallentine moved to Lincoln with his parents, James and Sandy Gallentine, and his younger sister Elise when he was in first grade. Now a fifth grader at Sheridan Elementary School, Charlie is happy to be living in the Country Club Neighborhood. He says he can walk or ride his bike to almost anywhere he wants to go.

And "everywhere" is where Charlie



goes. An excellent student, he is also very active with outside-of-school activities. In third grade he decided that he wanted to play the string bass and eventually be in a youth orchestra. He added lessons for this instrument along with his piano and guitar lessons.

In addition to his musical skills, Charlie also plays soccer, tennis and swims competitively. Most recently Charlie began to post his robot building skills on Lego.com.

The Country Club Neighborhood and SouthPointe Pavilions salutes Charlie Gallentine as



being a Star Student. As the SouthPointe Star Student, Charlie will receive a \$50 giftcard to SouthPointe Pavilions, and SouthPointe Pavilions will donate \$50 to the charity of his choice. Congratulations, Charlie!



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School NEWS

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Maude Rousseau Elementary School



It seems like the school year just got started and we're already about done with the first quarter. As the years go by, the days don't seem to take so long. Every year is a little different and this year is no exception. If you have a Kindergartner you know things are different. All day kindergarten is off and running at Rousseau, and what a class it is - over 100 first year students are actively engaged in five different Kindergarten sessions. Even with the influx of new students in the Kindergarten class, the overall enrollment at the school is down about fifteen percent. This change is primarily due to the District realignment and the opening of a new elementary school in Southwest Lincoln.

If you are ever around the school at the start or end of the school day you are probably aware of all the activity (and no school buses), please keep your eyes and ears open for your neighbors at these busy times. Please help us all maintain a safe environment.

Although many things have changed, the primary mission of the school remains the same. You may recall from previous CCNA articles, the mission of the school is summed up in with the following three phrases:

- LEARN academic subjects and skills
- THINK interdependently
- LEAD with character

Every day the teachers, administrators, parents, and students focus on activities that reinforce the mission of the school. To learn more about Maude Rousseau, please visit the school's web site at <http://rousseau.lps.org/>.

The Rousseau PTO takes an active role in helping ensure the success of the school and the school is pleased to have such wonderful participation. The PTO would like to thank all of the CCNA families and businesses for your continuing support of the school and your thoughts and ideas are always welcome. The funds generated through the PTO continue to provide additional resources (such as new computers and reading material) for the school and the teachers.

As we head into the second quarter, the leaves fall, the temperature slides, jackets come out in full force, and the activities at Rousseau continue at a brisk pace, whether it be the rigors of daily student life, or the extracurricular activities, such as after school classes, book fairs, character council events, parent teacher conferences, field trips, and numerous other activities.

By the way, the Rousseau families actively collect General Mill's "Box Tops for Education" cut-outs and your contribution are always welcome. Just drop them by when you have a chance. Thanks again for your continued support.

School Days, School Days, Good old golden rule days...

The Country Club Neighborhood Association contains Sheridan Elementary School and Irving Middle School inside our boundaries, but we also have CCNA students who attend schools in their district, but outside our boundaries: Elementaries – Beattie, Prescott, Cathedral of the Risen Christ (K-8) and Rousseau; Pound Middle School; Southeast High School and Lincoln High School.

When driving, be careful of student traffic. School hours can be as early as 7AM and as late as 4PM. Our schools and our students contribute to the pride and the health of our neighborhood.

CCNA supports our students as they may be our future neighbors. If you have an article you would like to contribute to the *CCNA Chronicle*, please mail or email to CCNA.



mcnebraska.com

Sheridan News



We continue to be excited about being back in the neighborhood in our newly renovated school. We will have an Open House in the spring to share our wonderful new environment with our community members.

Sheridan parents and staff invited authors to share their love and fascination with learning the week of October 6th. David Swartz, who looks for whimsical ways to make math and science come alive for children and teachers, shared his writing and ideas with students on October 6th. He started writing with his first book, *How Much is a Million?* Now about 50 books later, he spends time sharing this love and inspiration with students.

Dianne Farlatte, who is a traditional preserver of folk history, culture and values, weaved tales from many different cultures with our fourth and fifth graders on October 10th. She demonstrated her acting skills as she used expression, gesture and intense emotion to create multiple characters for each story.

Chris Sayre, who has dedicated more than 30 years to the performance and promotion of both traditional and contemporary folk music, entertained our kindergarten, first and second grade students on October 10th. He took them through a musical journey by exploring songs and dance tunes.

Natalie Parker, a local artist, assisted students the week of October 10th as each student designed a tile based on an appreciation of nature. Students have visited the zoo, the Sunken Gardens and the Rose Gardens to enhance their appreciation of nature. Students spent time sketching their favorite animals and plants which now can be transferred to a tile. The tiles will be turned into a mural to be displayed in our school cafeteria. This project was a featured story on the local television news.

As students experience the arts they grow in their love and appreciation of learning. Research supports that this exposure makes our students better thinkers and learners. We appreciate the support of our PTO and the Sheridan community to offer these wonderful opportunities for our students.

We enjoyed visiting with parents during our Parent Teacher Conferences on October 21st and 23rd. It is an exciting time to continue our partnership with parents as information is shared about student progress.

Southeast High School -- Go Knights!

Southeast High School has had an excellent start to the school year. LSE has 1,781 fabulous students who are excited about the new year and all of the new improvements to the Southeast campus.

All of the construction is now finished except for the auditorium which will be completed this November. The school is beautiful with special thanks to Engineering Technologies, Sinclair Hille Architects and the Lincoln taxpayers. The highlight is a new entrance and Common Area for students on the east side of the building. Parking on the east side has been divided with the staff entering the parking lot from 37th Street and the students continuing to enter the student lot off of Van Dorn Street. Outside the Commons Area is a beautifully landscaped mall. Visitors are greeted at a much more welcoming main entrance on 37th Street.

The auditorium, to be named the "Jennifer Dorsey-Howley Performing Arts Center", includes striking black and gold theater seating and a main drape in the color purple to add to the regal setting. A balcony has been added with three tiers of additional seating. Mark your calendars now for the Grand Opening to be held February 12, 13 and 14, 2009. LSE graduate and playwright, Christopher Cartmill, is writing the first play to be performed in the new theater. Entitled "The Choir", it is dedicated to the memory of 1985 LSE graduate Jennifer Dorsey-Howley who was killed in the 2001 World Trade Center disaster.

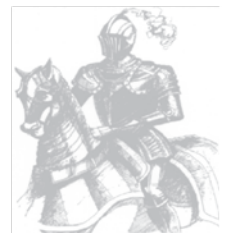
Student achievement, as always, has started the year at the top. Six LSE seniors attended Girls and Boys State: Elena Hoff, Sara Nelson-Latimer, Ryle Hall, Henry Ems, Eric Mooring and Joel Hunter-Pirtle.

Five LSE students have been named National Merit Semifinalists – **THE MOST OF ANY HIGH SCHOOL IN LINCOLN:** Benjamin Bond, John Borstelmann, Lindsey Jones, Eric Mooring and Tristan Williams.

In addition, five LSE students have been named National Merit Commended Students: Cara Anderson, Sarah Entzminger, Will Lefferts, Max Rodenburg and Benjamin Schoeneberger. Also, Lincoln Southeast's composite ACT score is the highest in school history at 24.1; statewide composite score is 22.1 and nationwide composite is 21.1 – Congratulations!

Our 165 strong LSE Marching Band received #1 Superior ratings at competitions in Sioux Falls, SD and the Lincoln High Marching Band Contest. Their competition show, "Dawn to Dusk", was meticulously executed at their award winning performances at the LPS Band Competition and the Nebraska State Bandmasters Marching Band Competition held October 18th and 26th. And the year has just begun!

We are very proud of the continuing high student achievement and now the transformation of the building at Lincoln Southeast High School. If you would like a tour of the building, please call Dr. Patrick Hunter-Pirtle, Principal, 436-1304. Dr. Hunter-Pirtle would be pleased to show you the new Lincoln Southeast. Go Knights!





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My Opinion

The Greening of America begins with each neighborhood. . . and starts with each car.

By Bob Beecham, President CCNA

My favorite neighborhood historian, Mrs. Dolores Heukel of 24th and Woodsdale, died at age 99 ½ years. She told me about riding from downtown to 33rd and Sheridan on the Trolley, where the route stopped and she walked the rest of her way. Ed Zimmer, the City planner, reports that if one wanted to ride to College View during WWI the extra cost was a penny, thus the name "Penny Bridge" for the bridge at 33nd and Sheridan.

I grew up on a farm in Otoe County. Eight kids, two parents, and one station wagon (we all fit in, no seatbelts). A special event was a car-trip to Lincoln to buy groceries at Gold's department store and driving along Sheridan Blvd to view the beautiful homes.

When I was 9 years my oldest brother got a 1958 Ford and my perception of the world and affordable transportation changed in a flash. I rode a bus to and from school and sometimes had to walk the 3 miles home if basketball practice ran late. By the time I was in high school I would occasionally get to use the pass-me-down car to cruise with friends. Gas cost 35 cents per gallon and many happy hours were spent toodling around county roads or a trip to Lincoln to King's for a burger and malt.

When my wife, Jan, and I had two little children we managed with one car. I rode a bus downtown to work. We were part of the original group to protest the widening of 27th Street. We liked it better when cars could park on one side of 27th Street. Our kids walked or rode bikes to Sheridan and Irving, we tried to encourage self-reliance.

But over the last 20 years something happened: the car explosion. Today our family has a car for each person plus part interest in a pick-up truck. Our older 2 children shared a car for high school. By the time our youngest, Chris, attended Lincoln Southeast he drove the 13-year-old mini-van. Only our exchange student didn't have a car—he was from Europe and happy to ride a bike. The insurance for Chris to drive the mini-van ("The Star Ship") was always more than \$100/mo with no collision coverage and a good student discount. Last summer Chris started riding a bike to his minimum wage burger-flipping job. Why? He couldn't afford \$70 to gas the mini-van.

Eric Witt, associate principal at Southeast High School, reports the school has 500 student parking spots and 200 staff parking spots. He estimates 200 students use bikes or skateboards and 50-75 ride the Star Tran bus. He estimates student driving is down at least 20% this year. He used to be at NorthStar High school where there are over 1,000 parking spots. Southwest High School has approximately 2,000 parking spots and the lady who answered the phone said, "There are still a few unused spots." Enrollment is 2,300 students. As a community we are definitely geared up for cars and more cars. Can we change direction?

I did a little research on a gorgeous fall *(continued on page 17)*

News from Irving Middle School



October 8th, 2008 between the rumble of a race car and the thumping of helicopter blades, Irving Middle School kicked off its 3rd annual C.O.W. or Careers On Wheels event. Careers lined up along Smith St. and 20th with a UH60 Black Hawk helicopter landing in the practice field to the north of the school. 8th grade Irving students traveled by classes to each occupation throughout the afternoon. Presenters talked about their careers and emphasized not only the academic skills needed for their occupation, but also the personal/social skills needed - such as good attendance, being on time and getting along with others.

Jan Krien, an Irving Middle School counselor, planned the first C.O.W. in 2006. This event has

(Editorial - My Opinion, Continued from page 16) day to see if kids in our very walkable neighborhood ride bikes to school. At Sheridan Elementary there were 8 bikes in back racks; the student population is 538.

At Rousseau Elementary there were 6 bikes; population 500. Dee Reifschneider, the coordinator, said there are 8 staff assigned to help with traffic during morning and after-school rush hour. Plus, the police frequently issue citations to speeders. The security guard at the front desk offered this theory why kids don't ride bikes, "Because of all the busy streets around here."

Stop me if I sound like an old coot, but how did we get here? Kids don't ride bikes, yet we are launching programs to fight childhood obesity. The parking jam and street congestion at both elementary schools and Irving Middle School is a fright. It's an 8-person job at an elementary school to manage traffic. I wouldn't mind doing a survey to find out how many families are car-pooling their kids to school.

If we are going to reduce our dependence on fossil fuels and reduce carbon emissions, it has to start with automobiles. As neighbors we all oppose multi-lanes on 27th Street, but are we willing to re-think transportation? We are like the dieter who wants to drop 10 pounds; the solution is obvious: eat less, drive less.

I'm trying to ride to work one day a week on the bus. Star-Tran owns 60 full-size coach buses at \$300,000 each (total \$18

million). They are never one-third full and are icy cool in summer and warm in winter, stop near the house, and run on time. A 20-ride pass costs \$33.00 (low income is \$7.50 per month). We are fortunate to have three routes criss-cross our neighborhood: #53-Irving, #50-Southeast High School, and #45-Arapahoe goes to Woods Blvd and 27th. The routes are on the Internet or call 476-1234.

It's folly to drive a SUV to take the recycling to Leon's, or drive a mini-van to the exercise club. We're walking a bit more and hate to fill the car for \$70. My son is riding his bike to the University. Jan and I sometimes car-pool, but admit we each like driving our own car. Small changes, but we have to start.

The greening of America might not be so voluntary if gas prices increase. We know we can't sustain this explosion of cars. In 20+ years we got

ourselves into this mess and it may take 20+ years to scale down. But let's get going—if the teens at Southeast can cutback on cars, we all can. By the way, I've got a 1994 mini-van for sale, cheap.

Bob Beecham.

Comments? bobbbeechem234@hotmail.com

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The WINDS of Winter

Everyone who visits our neighborhood always comments on how attractive it is. Everyone keeps their home and their yards well maintained. You see the absence of paper stapled on street poles, signs at every corner and litter in the streets. This is because everyone does their part – THANK YOU!

The winds of winter, however, have their own say on the litter that begins to blow around the neighborhood. Most of this litter comes from unsecured trash that either blows out of your container or blows away as the refuse hauler throws it into their truck. Do your part:

- Secure your trash and your recyclables so they don't blow away.
- Don't want to risk breaking a leg and taking your refuse down to the curb when it's icy? For a couple of dollars a month, your refuse hauler will pick up your trash at the house. Call your refuse hauler and see what they will do. It's cheaper than a broken leg or arm.

Most POPULAR LITTER Thrown From Cars

By the Litter Ladies

The "Keep America Beautiful" campaign of the 1960's and 1970's educated Americans about not littering. Remember the American Indian with the tear rolling down his cheek? We've done pretty well, but there is always room to do better.

Ever wonder about what kind of litter you see most often in our neighborhood? According to the "Litter Ladies" – those who take regular walks and pick up litter as they go – there seems to be a theme as to what becomes litter:

- Cigarettes – butts and packages – make up the majority of the litter. It seems that those who smoke Winstons, no-brand generics and menthol cigarettes throw out the most packages. As far as the butts go, they are all ugly. Should some of the cigarette funds go to cleaning up the streets? A special thank you to those who clean up their drives and curbs that get piled with cigarettes.
- Fast Food sacks and wrappers – hands down, it's from Amigos and most of it is on the west side of 27th Street between South Street and Van Dorn. The theory is they purchase the food at 27th & Capitol Parkway, eat it and by the time they hit our neighborhood they are finished and throw papers out the window. Not just to pick on Amigos, other fast food

Voice Lessons

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wrappers also become litter.

- Glass bottles – beer and hard liquor. When these hit the ground they are shattered into pieces and become quite dangerous for pedestrians. Bud Light seems to be the most popular beer that is tossed. Those little tiny "airplane" liquor bottles are the most popular form of hard liquor litter.
- Smashed aluminum cans and plastic bottles – either cars have run over them by the time they are bounced onto lawns or they are blown around from the trash and open recycle crates. Diet coke seems to be the most popular aluminum litter and bottled water is the most popular plastic.

Want to write a college thesis on Who Litters? Ask the Litter Ladies. Based on what they pick up on their walks, they can tell you a lot. They are also happy to report that the litter has gone down this year.

Country Club Featured People - Meet Krista and Dave Rickman

Krista and Dave Rickman are the owners of Briarhurst True Value Store. They are both natives of Lincoln and graduates of Southeast High School. They have three daughters and currently reside in Bishop Heights, which is approximately four blocks away from the new Bishop Heights Store, scheduled to open in January of 2009. Krista's parents, Otis and Rowena Young, live in the Country Club Neighborhood as well and are long time residents of Lincoln. David's parents are the late Dr. James Rickman and Ruth Rickman who lived most of their lives in southeast Lincoln.

The Rickmans have been in the hardware business at Briarhurst Center, S. 48th and Hwy 2, for five years and are very excited to move their business to Bishop Heights Shopping Center. They truly have the vision to be your friendly neighborhood hardware store. They desire to be available for all of those home fix-it projects, key cutting, glass and screen repair. The store will also have a beautiful expanded paint department, custom paint mixing, color matching and much more. The True Value Co-Op was great in helping them lay out the store on their new Destination True Value store plan.

Many people ask the Rickmans how they got started in the hardware business. About five years ago, David and Krista became familiar with the hardware business after David quit his career as a stockbroker and went to work at Sutter Place Ace Hardware. He wanted a more flexible schedule to be available to

help his parents. When Sutter Place lost their lease and decided to close, David and the manager, Dan Hazelwood, decided to open a True Value across the street at Briarhurst. Literally, he came home one day and asked Krista, "Do you want to own a hardware store?" Their accountant asked who would be the bookkeeper and that's where Krista came in. She had a Business Administration degree and 6 hours of college accounting. . . but she also loved painting and yardwork!

Though the Briarhurst store was a great fit, the Rickmans decided they really needed more space to be able to serve customers better. So, when the old Russ's location at 27th Street came vacant, they checked on it. After many, many months of negotiating, an agreement was finally reached. After being a grocery store for the last 30 years, it was apparent that the building needed lots of tender loving care. When this store opens, it will be staffed with excellent people with outstanding experience -- Dan Hazelwood, Tim Parks and Jim Pleskac. These 3 great guys moved over with Krista and David when Sutter Place Ace Hardware closed at the north side of 48th and Hwy 2 and have many years of experience in hardware.

David and Krista have grown to love the hardware business and are excited to serve the Country Club Neighborhood. They are currently planning to open in January, and are looking for a way to offer the Country Club residents a "sneak peek" before the grand opening!

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Managing Your Yard Waste

Grass clippings and leaves become a resource when used as mulch or compost material. This yard waste serve no useful purpose when hauled to the landfill. During the growing season yard waste can account for nearly 10% of Lincoln's total waste stream. For these reasons, yard waste is banned from the Lincoln landfill from April 1 through November 30. Yard waste includes leaves, grass clippings and yard prunings.

Grass and leaves also are used for composting. Backyard composting workshops are offered each Spring and Fall by the Lincoln Recycling Office in cooperation with the Cooperative Extension of Lancaster County.

Lincoln also has three backyard composting demonstration areas located at: Pioneers Park Nature Center; Antelope Park, north of Garfield and Jefferson Streets and west of the bike path; University Place Park, 50th and Colby Streets, near the maintenance area.

HAUL GRASS/LEAVES TO "THE DUMP"

You may take your grass/leaves to the 48th Street Transfer Station, 5101 N. 48th St. Yard waste must be free of garbage, litter and tree trimmings over 1" in diameter. Yard waste must be removed from plastic bags at the transfer station.

CONTACT YOUR TRASH HAULER

Local trash haulers offer yard waste removal services. This is in addition to your regular trash service and generally is offered in early

RECIPE BOX

APPLE - PECAN CAKE WITH CARAMEL SAUCE

Recipe for a small cake for Thanksgiving.

From Grandma Kay Dutton

Cake ingredients:

- 1/2 C (1 stick) unsalted butter, at room temp plus extra for the pan
- 1 C sugar
- 1 egg
- 1 C flour
- 1 tsp baking soda
- 1/2 tsp salt
- 1/2 tsp cinnamon
- 1/2 tsp ground ginger
- 1/4 tsp allspice
- 1/4 tsp nutmeg
- 1/8 tsp ground cloves
- 2 large Granny Smith apples, peeled, cored, and chopped
- 1/2 C chopped pecans

Sauce:

- 1/4 C heavy cream (2 oz)
- 1/2 C unsalted butter (1/2 stick)
- 1/4 C sugar
- 1/3 C packed brown sugar
- 1/2 tsp vanilla.

Instructions: Heat oven 350*. Butter a 9" square glass baking dish. With mixer, cream butter, sugar, and egg. Combine flour, soda, salt and spices and beat in. Using a rubber spatula, blend in apples and pecans, spread into pan, Bake 45 min.

Just before serving, prepare sauce. Combine ingredients (except vanilla) in small saucepan and cook until sugars dissolve. Stir in vanilla. Cut the cake into squares and pour sauce over. Or -- skip the sauce and serve it warm with vanilla ice cream. (Double recipe for larger crowd).

Spring through November 30.

It is important that yard waste does not get mixed in with regular trash. If someone mows or tends to your yard for you, please inform them of where to place yard waste.

Yard waste may be placed in carts provided by waste haulers, large paper bags provided by many retailers, or 32 gallon trash cans with lids. Plastic bags are not allowed for disposal of yard waste. Note that tree trimmings over 1" in diameter are collected with regular trash.

HIRE A LAWN CARE SERVICE

Include yard waste management in your lawn care service package.

Antlers Alcohol and Drug Treatment Center

The families at Antlers make 180 degree changes in their lives. We are starting a 180 degree fundraiser where groups can donate \$180.00 to fund the children's program.

The first group to donate was the Children's group that meets on Tuesday while mothers attend Crystal meth anonymous. They gave 180 dollar bills in an envelope.

Many of the children have been coming for the two years and they bring the mothers who have now been off meth for two years and are functioning as normal families. It really does take a Recovery Village to raise these children!



Creating a world of Hope and Recovery

Join us for a Fundraiser!

**December 7th
1:00 to 4:00PM
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Pet Ordinances in the City of Lincoln

Rabies Vaccination

According to City Ordinances 6.08.020 and 6.12.020: Each dog and cat over three months of age must be vaccinated against rabies. The vaccination needs to be repeated at fifteen months and a booster vaccination must be given triennially. Unvaccinated dogs or cats acquired or moved to Lincoln must be vaccinated within thirty days after purchase or arrival. At the time of vaccination, the veterinarian will give the owners a tag which needs to be attached to the collar or harness of the dog or cat.

Walking Dog Cleanup (Poop Scooper law)

According to City Ordinance 6.08.155: It shall be unlawful for any person having custody or control of any dog to place, deposit, discard, or dispose of feces or manure on public property or private property of another unless placed in approved garbage or refuse containers on public property or with the consent of the owner of the private property. NO DOG/ANIMAL FECES TO BE DEPOSITED IN ANY TRASH CONTAINER IN POCRAS PARK.

Dogs Running At Large

According to City Ordinance 6.08.130: It shall be unlawful for the owner of any dog to let the dog run at large, whether licensed or not, at any time within the city. The term "running at large" is defined to mean any dog that is not under the control of its owner, except that a dog shall not be considered under the control of its owner unless on a leash, cord or chain which is

securely fastened or picketed in a manner sufficient to keep the dog on the premises where picketed, or on a leash, cord or chain of six (6) feet or less in length physically held by the owner, or confined within a receptacle, enclosed vehicle, fenced enclosure or shelter, or within the real property limits of the owner and in his or her presence and under his or her direct and effective voice control. Failure to observe this ordinance means your dog may be impounded at the Humane Society and/or a citation issued.

Sanitary Requirements - Keeping of Animals.

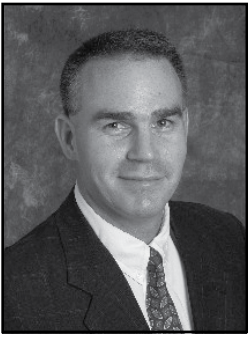
According to City Ordinances 6.04.050, 6.04.270, 6.08.150 and 6.12.170: Owners shall keep all premises, pens or enclosures in such a manner not to give off offensive odors or to breed or attract flies and other insects. (Must be cleaned at least once every 5 days or more often if necessary to eliminate odor or insect problems.)

License Requirements

According to City Ordinances 6.08.020 and 6.12.030: All dogs and cats over six months of age must be licensed for the current calendar year.

Barking Dogs

According to City Ordinance 6.08.160: It is unlawful for any person to own, keep or harbor any animal which, by loud, continued or frequent barking, howling or yelping, shall annoy or disturb neighborhood person or persons. The complainant must be willing to document or record noise violations and testify in Court.



Water Facts . . .

By Jeff White, President of Hague Quality Water of NE



Water Softeners Significantly Reduce Greenhouse Gases

A water softener and reverse osmosis drinking water system installed in your home will provide a total annual carbon dioxide reduction of 15,319 lbs. This is the equivalent of what 1.3 vehicles would emit annually driving about 12,100 miles.

This information is according to a recent study conducted by two chemical engineers John and Candice Blount. The study compared the consumption of detergent, bottled water and water heater energy against that of a residential water softener and reverse osmosis drinking water system in a hard water environment.

The everyday usage of detergents, cleaning agents, heated water and bottled water all have a quantifiable environmental impact. Each is affected by the quality of water used. In a hard water environment, the amount of product or energy will increase, as in the case of detergent and energy for hot water. Hard water is documented to have adverse effects on detergent performance and energy efficiency in water heaters. Also, the growth in bottled water consumption has more than doubled in the last decade putting more than 40 million bottles a day into the trash. Only 12 percent of custom plastic bottles were recycled in 2003, according to industry consultant R.W. Beck, Inc.

The National Water Quality Association considers anything over 10.5 grains of mineral

hardness extremely hard? According to the 2007 City of Lincoln Annual Drinking Water Quality Report Lincoln's water hardness is 12 grains. That falls into the extremely hard water category. Even on water provided by the City of Lincoln you can help do your part of protecting the environment by installing a water treatment system in your home. For acreages, and small communities with harder water the environmental impact is even greater.

Hague Quality Water provides environmentally friendly water treatment equipment to homes and businesses. Our WaterMax, whole house softening and filtration system, was recently awarded the ENERGY STAR award. The ENERGY STAR is a joint program of the U.S. Environmental Protection Agency and the U.S. Department of Energy helping us all save money and protect the environ-

ment through energy efficient products and practices. Americans, with the help of ENERGY STAR, saved enough energy in 2007 alone to avoid greenhouse gas emissions equivalent to those from 27 million cars – all while saving \$16 billion on their utility bills.

Are you doing your part in protecting our planet? Give us a call today for your free water treatment consultation. We can help you determine if a water treatment system is going to be beneficial for you, your family and the environment.

To find out more about Hague Quality Water and their environmentally friendly water treatment equipment, please call 402-466-6800 or go to www.haguewaterne.com. We look forward to helping you help our planet. *This article is a paid advertisement by Hague Quality Water.*

"We've had a Hague System in our home for four years now and we'll never go back to hard, chlorine smelling water again. Hague Quality Water makes our water look, smell and feel cleaner than it ever has. Plus it's a lot healthier for me and my family!"

- Dave Mlnarik Executive Director
NE Sports Council

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“Having a specialty hospital within a hospital allows us to work more closely with cardiac physicians.”

— Kim
Cardiac Nurse, BryanLGH Heart Institute



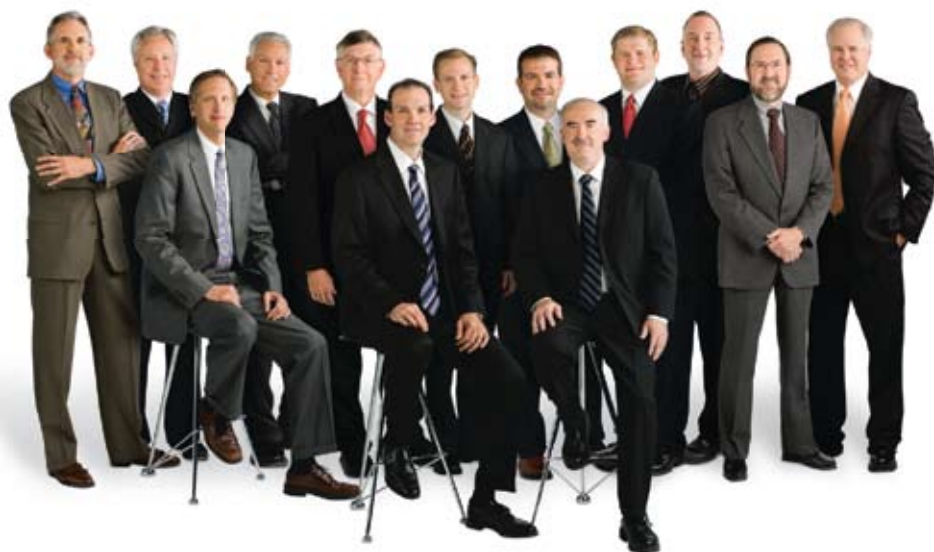
For BryanLGH Heart Institute nurses like Kim, the new specialty hospital within a hospital model means better collaboration between cardiac physicians, nurses and support staff. This seamless, teamwork approach contributes to improved communication and greater expertise, ultimately allowing each of our medical professionals to provide the most advanced and compassionate patient care available.

By working together, the cardiac team at BryanLGH Heart Institute is continuously advancing heart care...and helping patients across the region greatly improve their quality of life.

To learn more call **(402) 483-3333** or visit **www.bryanlgh.org**, where you can also take a FREE HeartAware Risk Assessment.



BryanLGH received the Gold Seal of Approval by The Joint Commission on Accreditation of Healthcare Organizations, which sets the highest standards for quality and safety in the delivery of health care.



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