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Chronicle

Country Club Neighborhood Association

Lincoln, Nebraska • May 2010



2010 Board of Directors Member Profiles

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Feature Story Sponsored by:





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Chronicle

Country Club Neighborhood Association

Feature Story

CCNA Board of Directors Member Profiles

Peter Frazier-Koontz. My wife Mickie and I have lived in our home on Sewell Street for nearly 30 years. We are only the second family to live in the house which was built in 1921. The people on our stretch of Sewell are known for their friendly informal meetings. Whenever someone is out working in the yard, it usually won't be long before others have gathered to talk and catch up on neighborhood news. We all share a concern about maintaining the historical integrity and infrastructure of ALL parts of the Country Club area.

Will Stahn. I've lived in Lincoln eleven years, and about five months in the Country Club neighborhood. The people, homes, and atmosphere make our neighborhood a great place to live. I was actively looking for my first home for almost three years, and it was my desire to live in the Country Club area. At the time I put my offer in over late last summer, I had been working overseas for three weeks and had just wrapped up moving my folks out West. My offer was accepted right on Thanksgiving weekend - everyone involved worked so hard to make this happen and I'm very thankful for that. There was quite a bit going on during my first home-buying experience, but I am adjusting well and looking forward to calling Woodsdale Boulevard my home.

(Board Member Profiles, continued on page 6)

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May 2010 – President’s Message



Well we finally made it through the winter of 2009- 2010 and not a moment too soon for me. As a native of Minnesota having snow on the ground for four or five months straight was something that I had hoped I left behind long ago in the frozen north land. As I write these words I am looking out the window at the Magnolias in magnificent bloom but it seems that it was only yesterday that I was worried if my snow blower would make it through yet another snow storm. Now I’m wondering if the blade on my lawn mower needs to be sharpened. Such is life in Nebraska!

At the March meeting of the Country Club Neighborhood Association the Presidential gavel was passed my way and my very first action was to acknowledge the contribution of Bob Beecham as our President for the past two years. Bob’s love for our neighborhood is apparent in the way he dove into project after project and always was encouraging involvement on the part of others. Bob and his wife Jan Dutton were especially instrumental in the publication of this newsletter and will be a tough act to follow in that regard.

My wife Susan and I moved to Lincoln from Minneapolis in 1997. The ironic thing for me at the time was that for about ten years prior I had traveled to Lincoln on business on a fairly regular basis and always thought that it would be a nice place to live. Suddenly, as the result of a corporate takeover, here we were. We bought a one year old house in the Williamsburg neighborhood, sent our two daughters to East high School and I did what I had always done; traveled across the country nearly every week.

Fast forward six years and more than a couple of career setbacks later and Susan and I were ready for, as they used to say on Monty Python, something completely different. Our daughters had both left the big house for college and points beyond and we decided that it was time to make a move. We started looking at housing options and in the process met Bob Valentine, a Country Club neighborhood resident and real estate agent. Bob showed us properties in all parts of Lincoln but when he showed us a lovely all brick house on 27th Street we knew immediately that we had found our new home even though I had sworn I would never buy a house on such a busy street.

In buying our house we came to know Linda Wibbels, the seller’s agent, and the die was cast. It wasn’t long before, at Linda’s prompting, we decided to join the CCNA board and about that same time we made the monumental change of launching our real estate business as a husband – wife team. Both turned out to be excellent decisions. Through our participation on the board, and even more so through our real estate business, we have enjoyed getting to know many people, we have made many new friends and have grown in our appreciation of the neighborhood, its architecture, its history and its special place amongst the many wonderful neighborhoods that make up this city.

As it turns out both of our daughters, our son-in-law and our four month old grandson now call Omaha home and so we have, in the past year, expanded our business to include the “big” city. These days we spend a fair bit of our time in Omaha and on the interstate in between here and there but it still feels good to come home to the neighborhood.

I hope that you will enjoy this issue of the Chronicle and particularly the personal profiles of several of our board members. As you will read our board is made of life time residents, folks that are new to the area, families and single people, younger first time home owners and more mature types as well. I think that you will agree that we are lucky to have such a collection of committed and interested neighbors volunteering their time for the betterment of our neighborhood. As you come across these folks walking the dog or in your day to day activities be certain to thank them for all that they do and remember that your input and participation is also welcome anytime!

Paul Vaccaro
CCNA President

*Do you have an idea for a feature story in the Country Club Neighborhood Association Chronicle Publication?
 Send an email to ali.schwanke@fppub.com or
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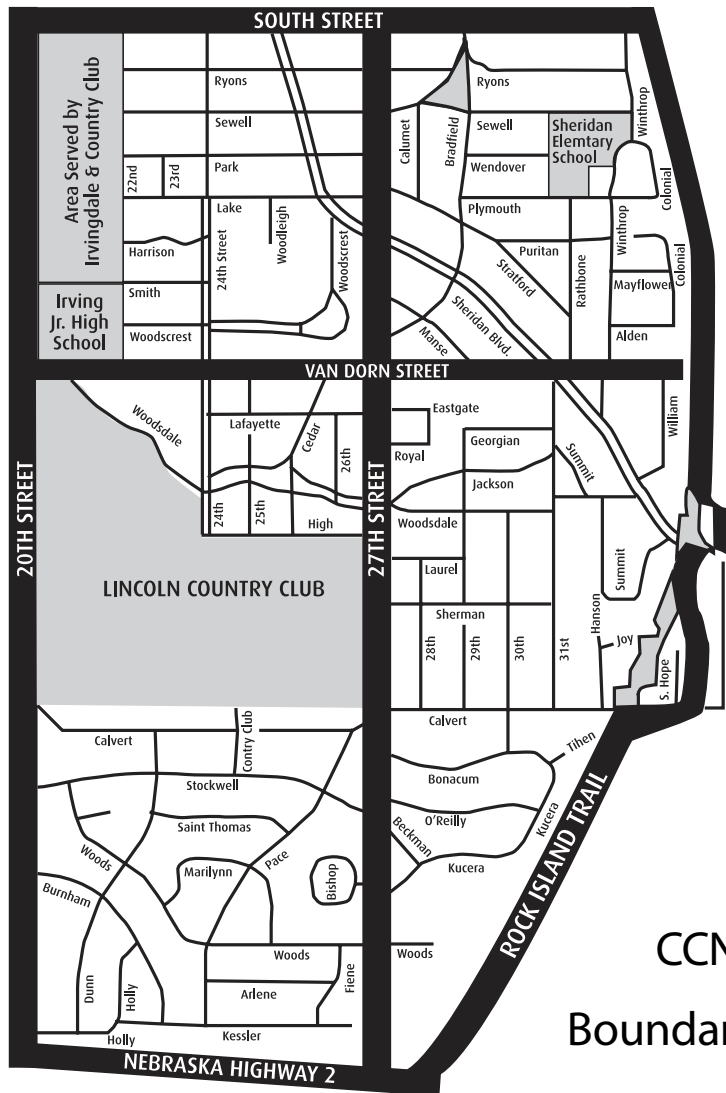
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Joyce Norris, 2832 Manse Avenue
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Myron Schellhorn, 3345 S 29th Street
Michael Smith, 2920 Summit Boulevard
Bryan Sypal, 3040 Puritan Avenue
Susan Vaccaro, 3500 South 27th
Sue Van Horn, 2840 Winthrop Road
Linda Wibbels, 2740 Royal Court
Jane Williams, 2230 Sewell Street

Thank you for serving your neighborhood!

CCNA Chronicle Publishing Schedule

February, May, August, November

The CCNA Chronicle is the official publication of the Country Club Neighborhood Association (CCNA). The CCNA Chronicle is published four times a year by the CCNA and every address in the CCNA boundaries is mailed a copy. Statements of fact and opinion made are the responsibility of the authors alone and do not imply an opinion on the part of the officers or members of CCNA. While this publication makes a reasonable effort to establish the integrity of its advertisers, it does not specifically endorse advertised products or services unless specifically stated as such. All correspondence regarding this publication should be directed to: Country Club Neighborhood Association, Attn: CHRONICLE Editor, PO Box 21953, Lincoln, NE 68542.



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Mayor's Office.....	441-7511, 441-6300		
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Visit www.ccnalinc.org to find:

- CCNA Business Directory
- A CCNA boundary map
- Links to other community organizations
- Read past issues of the *Chronicle*
- See By-Laws

(Board Member Profiles, continued from page 3)

Kay Maxwell. I moved to Lincoln and the Country Club Neighborhood fourteen years ago from Austin, Texas, two days after marrying my husband, Billy Maxwell. There are so many things I love about the neighborhood, but I guess it is the people who live here that I love the most. It is a real neighborhood; we know each other, we look after one another and we take great pride in the neighborhood. I also love the history, the beautiful and interesting homes, the wildlife, the mature trees, the great schools and the central location. I am an interior designer and co-owner of Paul Daniels Interiors. I have three grown children, two grown step children and ten grandchildren! My life is very busy.

Bryan and Lisa Sypal. We are originally from the Columbus and Humphrey, Nebraska areas and moved to Lincoln in the late 90's to attend college. We got married and moved into the neighborhood in the spring of 2009. Having lived in our home on Puritan Avenue now for exactly one year, we couldn't be happier to be a part of such a great neighborhood. We were drawn to the Country Club neighborhood by the character and uniqueness of the homes. The homes in this neighborhood are amazing, and hold so much history and beauty. And although we already have a larger rake on our shopping list, the trees in this neighborhood cannot be beat. Most importantly, this neighborhood is home to so many great people. Upon moving into our home last year, we were immediately welcomed by our wonderful neighbors and con-

tinue to meet many more. We are excited to be a part of this community. The Country Club neighborhood is now home to us and we look forward to living here for many years to come.

Sue Van Horn. I moved to Lincoln from Gage County to attend UNL, where I met my husband Dave, and have never left. Many in the neighborhood will remember Dave as the principal of Irving Middle School. (In a previous life, I taught at LSE.) Having retired from LPS, Dave is now working with the College of Education at UNL. We moved to our home on Winthrop Road in 1982 and have raised two boys here who made the Sheridan, Irving, LSE school attendance circle. When we purchased our home, we wanted to "fix up" an older home and this neighborhood seemed a perfect place to raise a family. Twenty-eight years later, we are still "fixing up" our home and enjoying our neighborhood. We have always enjoyed its stability, individuality, and diversity

Alice Epstein. My husband Mike and I moved to Lincoln the summer of 1998 into our home at 3144 Sheridan Boulevard. Long ago, I was a student at UNL and rented a tiny house on Prescott. I would catch a bus to the downtown campus and it always drove down Sheridan Boulevard. I thought that if I ever returned to Lincoln I wanted a home on Sheridan Boulevard. The people in this neighborhood are so friendly and warm. We also love the beautiful big trees. As spring approaches, everyone in the neighborhood is working in their yards and everyone is willing to stop and chat with one another! Mike and I are both educators; Mike is a research professor at UNL and I am a consultant for the Nebraska Department of Education

Cathy Beecham. My husband Andy and I, and my daughters Katie (age 7) and Jenna (age 4), have lived in the Country Club neighborhood for about one and a half years. Before that we lived in the Near South. Our favorite thing about living in the Country Club has to be the sense of community. Our kids have lots of friends nearby to play with and can ride their bikes up and down our sidewalks. The people who live in the Country Club care about the neighborhood and each other and we really love that. We are also delighted to have found a house within walking distance of my daughter's grade school. We also enjoy how much people in this neighborhood value the historic character of the homes here. It seems that people care about maintaining their homes and being stewards of this lovely area. I am heavily involved in Historic Preservation and the revitalization of Lincoln's core neighborhoods. My background is in archaeology and I love to live in an area with so much history. I can't imagine living in a newly built home. Like many others in the neighborhood, we are old house junkies. We love it here!

Michael Smith. I moved to Lincoln and the Country Club neighborhood in early 2006 when I began my job as Director /
(Board Member Profiles, continued on page 7)

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(Board Member Profiles, continued from page 6)

CEO of the Nebraska State Historical Society. What do I like best about the neighborhood? Clearly in my mind it is the historic character of the home and streetscapes as well as the friendly people. My wife, Mary Ann, died last summer; our dog “Jake” and I are doing well in keeping house on Summit Boulevard. Our daughter, a frequent visitor, is a resident of Chicago. The value of a residential neighborhood like ours is directly dependent on what the residents put into it in terms of their homes and yards and the degree to which they call on their public officials to support the quality of life in the neighborhood.

Stephen & Lori Haudrich. Lori was raised here in Lincoln and we have lived here twice since we married, first from 1994 to 2000, and in our present house in the Country Club neighborhood since October 2005. We like the unique homes, the history of the neighborhood, walking down the streets and boulevards, access to parks and walking trails, wonderful neighbors. We often biked through the neighborhood when we first lived in Lincoln and knew when we moved back we wanted to live here. We have two sons, ages 7 and 8. I am a physician practicing occupational medicine and urgent care with Concentra. Lori is a registered nurse, currently working part time for the Lincoln Public Schools as a substitute school nurse.

Mary Lynn Shaffer. My husband, Jim, and I bought our first house on South 26th Street when we were married 31 years ago. It was clear to us from the very beginning that we had “hit the jackpot” as we were warmly welcomed by all of our neighbors on this short street that stretches from Lafayette Ave. to Woodsdale Blvd. The neighborhood was filled with a variety of ages—from grandparents to newly married couples and young couples with children. Our neighbor, Howard Linch, proudly told us we had chosen the “best neighborhood in Lincoln.” There were many young families in the extended neighborhood—and many of the young mothers formed a bond, calling ourselves the “stroller patrol.” On any given day, there could be 10-20 moms pushing strollers down the streets of the Country Club area. (Thirty years ago 27th Street wasn’t quite so hard to cross and Woodsdale Blvd. wasn’t quite so much a thoroughfare!) As our own family grew and we needed a larger home, we didn’t consider moving anywhere but within this neighborhood—and we were fortunate to be able to move just next door, and didn’t have to leave our wonderful neighbors. Over the years, the Winter Holiday parties, the Easter Egg Hunt, the 4th of July Parade and the neighborhood picnics have become traditions that have grown. Fortunately, some of those riding in strollers 30 years ago have returned to raise their own young families. Our neighbors care for each other, their

(Board Member Profiles, continued on page 8)

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(Board Member Profiles, continued from page 7)

homes, their public spaces, and their schools. I have always been proud that the citizens of this neighborhood have voted decisively in favor of city and school improvement initiatives. And I am pleased that so many contribute to our voluntary Country Club Neighborhood Association and participate in its activities.

Bill Norris. Lincoln has always been home other than my early years in Wymore, Nebraska. I bought our Manse Avenue home in 1962 from the original owners. I graduated from UNL and then spent four years in Mississippi with the Air Force as an instructor pilot. I went into the insurance business with my father upon my return to Lincoln and that was my career until retirement. I am interested in the everyday things that make our area so beautiful. I can't imagine living anywhere else. I have four grown children and four grandchildren.

Joyce Norris. Nebraska has always been home. My father was a school administrator so we moved around a lot but always in Nebraska. I graduated from High School in Arnold, Nebraska and then attended Nebraska Wesleyan. Other than six years in Kentucky, Lincoln has always been home to me. I moved into the neighborhood in 1991 when I married Bill. I spent the majority of my working years with the City of Lincoln Personnel Department. I have a grown son and three young grandchildren. Our neighborhood is like a small community in the middle of a city – people truly care about one another and their neighborhood. Like Bill, I can't imagine living anywhere else.

Jane Williams. I moved into the neighborhood in May of 1981. I chose my house because of the beautiful woodwork and large trees. In the nearly 29 years I have lived here I have found my neighbors to be friendly and helpful. During the time I was going through cancer treatment, they gathered together to take care of outside chores that I was not able to accomplish. They are lots of fun to spend time with and I particularly enjoy stopping to chat when I take my cats out for a walk in their stroller.

Myron Schellhorn. I have lived in Lincoln 24 years having moved here from Seward to attend UNL where I majored in Construction Management. I graduated in 1991 and married my beautiful wife Deb. We moved to the Country Club neighborhood in 2002. An interesting fact about our home is that we are the second owners. The house was built in 1940 by my wife's great uncle Francis Kokesch. After he passed away, we purchased the home and have been working on remodeling the interior and outside landscaping ever since. I enjoy living in the County Club neighborhood because of the interesting architecture of the homes, the friendly people, great neighbors, and the mature trees. I have worked in the field of construction for 25 years and the last 18 as a Construction Manager for a Grading Contractor. My

hobbies include gardening, landscaping, woodworking, remodeling our home, and automobile restoration.

Dan Marvin. My wife, Donna, and I have lived on Woods Boulevard since 1986. Soon after, I attended my first CCNA meeting to see what was up after spotting yellow ribbon tape lining 27th Street. I walked out of that meeting informed of our historical concerns, as well as being the newly appointed treasurer! I have enjoyed serving on the board, on and off, for quite a while. Since that time, I have served on Lincoln's Planning Commission, the Mayor's Infrastructure Finance Committee, and Lincoln's City Council. Besides my financial consulting business, I'm currently leading the West Haymarket Arena through to the vote. Our children attended Beattie, Irving, Lincoln Southeast and Lincoln Southwest and currently Emily, is a fourth-grader at Rousseau. We've volunteered at a lot of schools, and schools are an integral and important part of our neighborhoods! I believe CCNA is very important; we are fortunate to live in a historically beautiful, centrally located, quiet, safe and welcoming area.



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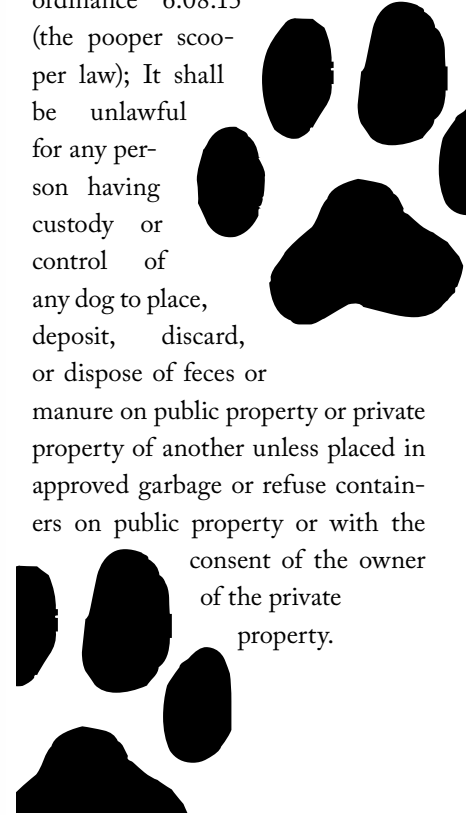
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420-0077



Pick up after Fido!

We have a beautiful neighborhood—one in which many people enjoy walking. Please do your part in keeping it neat and clean. If you walk your dog, please pick up its feces—whether it's on the sidewalk, in someone's yard, or in one of the boulevards. It's the neighborly thing to do and it is the law!

According to the City of Lincoln ordinance 6.08.15 (the pooper scooper law); It shall be unlawful for any person having custody or control of any dog to place, deposit, discard, or dispose of feces or manure on public property or private property of another unless placed in approved garbage or refuse containers on public property or with the consent of the owner of the private property.



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Treasurer's Report

As of the first of April we have almost 500 households who have joined our CCNA this year. This number is down from previous years, so if you have not joined please consider completing the membership form found in this newsletter and join in our efforts to make this a vibrant neighborhood.

Your dues makes it possible for CCNA to sponsor such things as historical walks, swim nights at the Irvingdale Pool, concerts at Pocras Park, and provide fertilizing, weed control, and mowing of the boulevards. This spring CCNA has paid to replace five trees which had been lost in boulevards and parkways.

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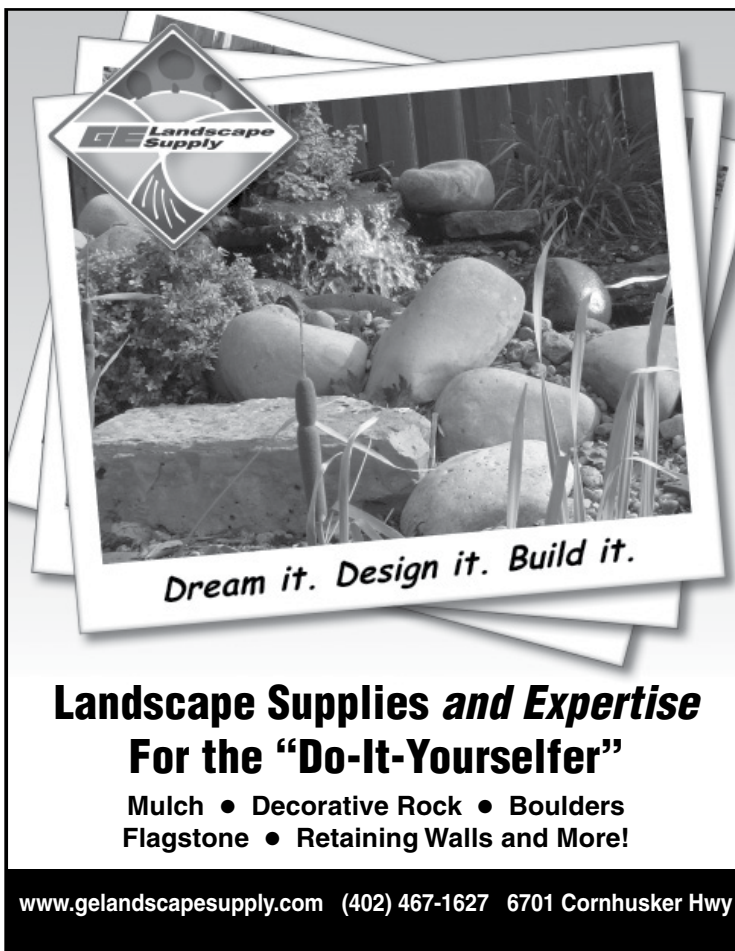
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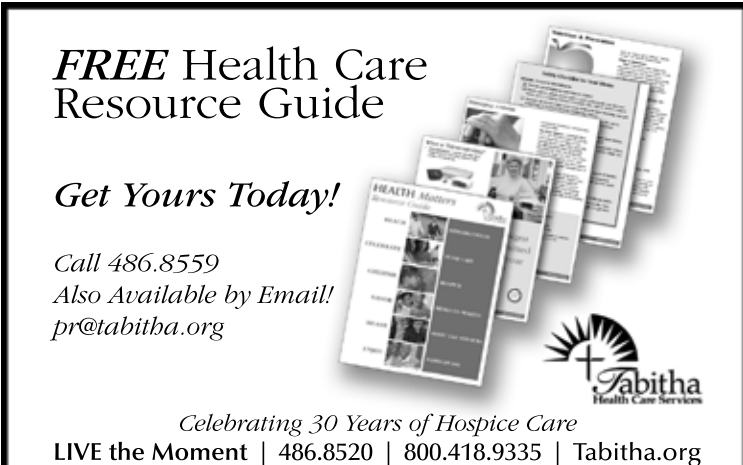
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Gardeners' Corner

For all you gardeners out there, here are a few nearby activities that might peak your interest this summer.

Wake up the Beds at the Sunken Gardens

Wake Up the Beds is an annual event that invites the public to help the Parks Department gardeners plant annuals in the Sunken Gardens. This event takes place on the first Saturday after May 15th, the frost-free date for Lincoln, Nebraska. This is a great activity for individuals or groups. For more information, contact Steve Nosal at the Parks Department at 441-8267.

Garden Gab at the Sunken Gardens

Spring through Fall, city horticulturists will be at the Sunken Gardens discussing different topics regarding the growth and culture of plants that are currently, or will be, growing in the gardens. Every Tuesday and Thursday, Garden Gab starts at 9 a.m. with a 30-minute informative lecture about a horticultural procedure, followed by volunteers using their new knowledge working at the gardens until 3 p.m. (or as their time allows). Meet at the Sunken Gardens pavilion, 27th and Capital Parkway.

Spring/Summer Topics:

- May: Garden installation techniques, plant establishment, plant identification,
- June: rose dead-heading, garden pests identification and their control, maintain water gardens, rose fertilization, shrub trimming.
- July: Garden docent training, rose deadheading, watering techniques for different types of gardens.
- August: Garden photography, garden design, dead-heading annuals and perennials and roses bushes.
- September: Garden weed control, fall turf management, preparation for garden harvest.
- October: Soil preparation, garden harvest, fall pond maintenance, putting the beds to bed. For more information contact Steve Nosal at the Parks Department at 441-8267 or snosal@lincoln.ne.gov.

From the Webmaster

Associated Info and Facebook Announcement

At the time of writing, I am in the process of scanning business cards for the website. I scan and upload the cards in the order I receive them from our membership committee. The BizLinc section is completely changed each April, and that year's cards stay up until April of the following year, making sure the cards are up for a full year if your card is received by April. I generally update the website following each board meeting as I get cards that trickle in over the course of the year as folks renew memberships. If for some reason a card that you sent is not posted by the time this issue of the Chronicle arrives at your residence, please contact me at haudrich@pol.net.

In the month ending April 11, 2010, there were 142 visits to our website, with 112 unique visitors. Not bad for an organization our size!

I am pleased to announce that I have started a Facebook page for those who are interested. Appropriately enough it is titled "Country Club Neighborhood Association." If you could send a brief message stating your interest in the page, that would be helpful in accepting your request to join. When we get enough folks involved, I am sure we can get some discussions going, and it will be another way to update you on current CCNA happenings.

Steve Haudrich

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How to Have a Green Lawn and a Lower Water Bill

By Judson Byleen, owner Judson Irrigation



Spring of 2010 is finally here! The weather's getting warmer and the grass is getting greener. Soon it will be time to get out in the lawn and landscape and begin favorite outdoor activities once again.

With this in mind let's talk about how you as a homeowner can save dollars on your water bill while maintaining a healthy and great looking landscape. For us in Lincoln with our heavy clay soils, it comes as no surprise that most people overwater both their turf and plantings.

Clay soils have a very slow intake rate (.10 inches/hour) which means that as water is applied it will begin to run off quickly onto sidewalks or streets. To avoid this waste I recommend programming your controller to cycle and soak. By this I mean, it's best to apply no more than .10 inches of water and then waiting an hour before applying another .10 inches. This allows the first application to soak into the soil before another cycle begins.

With today's digital controllers it's possible to set up a cycle and soak schedule easily. Zones in your system that consist of small spray type sprinklers

would be set for only 6 minutes and zones with rotary sprinklers would run 12 minutes. For both types of zones, .10 inches of water would be applied. A half inch of water could be applied in one night by setting 5 cycles to run, starting at 3 am, 4 am, 5 am, 6 am and 7am.

Another water saving idea is to make sure your system is equipped with a properly functioning rain sensor. If your system is equipped with a rain sensor, make sure it's working. If your system doesn't have a sensor, give us a call and we can install one for you.

Finally, for the ultimate in water savings, we now install a subsurface drip system for your lawn as well as for your landscape. Just think of the savings you would realize if the watering of your lawn left not one drop of water on your sidewalks, drive or street? Savings of up to 70% are not unheard of.

For any questions you may have or to schedule the spring activation or maintenance of your lawn sprinkler system, call to set an appointment at (402) 420-6277 or go to www.judsonirrigation.com.



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2010 Spring & Summer Fun at South Branch Library

Kids' Reading Groups

Preschool Story Time

Storytimes are held on Wednesdays from 10:30 to 11:00 AM and 2:00 to 2:30 PM in the library. Preschool Storytime is for children ages 3, 4 and 5.

*No Preschool Story Time in May

Kids Grades 2-3 (RAP)

Mondays at 6:30 p.m.

Guys Read! Boys in Series Books

June 7- The Legend of Spud Murphy

June 14- Centerfield Ballhawk

June 21- Chalk Box Kid

June 28- Fourth Grade Rats

July 12- Final Session/Wrap-up

Thursdays at 2:30 p.m.

Fun Series

June 10- Lunch Walks Among Us

June 17- Lost Treasure of the Emerald Eye

June 24- Stink: The Incredible Shrinking Kid

July 1- Miss Daisy is Crazy!

July 8- Final Session/Wrap-up

Kids Grade 4-5

Thursdays at 6:30 p.m.

Golden Sower Nominees #2

June 10- Introduction

June 17- Swindle

June 24- Gabriel's Horses

July 1- Savvy

Middle School Volunteers

Encourage your children entering grades 6, 7, or 8th to volunteer at the library this summer! The volunteers will sign up children for the summer reading program, hand out stickers, and help keep the library neat and clean. Volunteer sign-ups begin April 15th.

Family Activities

Family Movie Nights

Bring the whole family to South Branch every Sunday night in June and July and enjoy a free family film. Movies start at 6:00 pm, Come over and join the fun! The first film will be Sunday, June 6th.

Upcoming events:

Thursday, May 20, 2010 6:45-7:45 p.m. Out of Range by C.J. Box

Pirate Party at South Branch

As part of a community-wide celebration of the **Week of The Young Child**, Lincoln City Libraries will offer special events for families and their children at each of our library branches, and artwork from area children will be on display at all Lincoln City Libraries through the month of April. On Monday, April 12th, South Branch Library will be hosting a Pirate Party! Join us from 6:30-7:30 pm!

Mystery Fiction Book Club

The Just Desserts discussion group, focusing exclusively on Mystery Fiction, meets at South Branch Library the last Thursday of each month January through October, 6:45 -7:45 p.m. A specific mystery novel is selected in advance for discussion during each meeting, although general discussion about mystery fiction may follow. Since our theme is "*Death and Desserts*," (i.e. The murderer got their "*just desserts*."), any and all participants are encouraged to bring a dessert (cookies, cake, pie, tarts, brownies, cream puffs, etc.) to share with the other group members. If you'd like to join us, or you would like to be added to an e-mail notification list for news about this group, you can e-mail us to let us know of your interest, at: bookguide@lincolnlibraries.org

Special Events at South Branch

Fri., June 11, 10:30 a.m., Saltdogs at the Library

Come meet Homer the Haymarket Hound and players from the Lincoln Saltdogs when they visit our libraries to read, sign autographs, and share some fascinating science facts about baseball.

Thurs. June 17, 10:30 a.m.

Animals, from Around the World

This entertaining and educational presentation features experienced animal handlers and real wild animals.

Tues., June 29, 10:30 a.m. Freddie the Fish

Thurs., July 1, 10:30-12:00 p.m.

Pre-Fourth of July Party

We will have Fourth of July crafts and will show a special movie.

Tues., July 13, 10:30 a.m., Chris Sayre

Singer, songwriter and musician extraordinaire,

Chris Sayre will provide musical entertainment as

he plays music from the traditional and contemporary folk traditions.

Wed., July 21, 1:00 p.m., Fish of Nebraska

Participants will learn to identify Nebraska fish and to cast using a closed face-spinning reel and fish targets.

Tues., July 27, 10:30 a.m., Jeff Quinn, Magician!

An awesome magic show based on our theme: Make a Splash – Read!. Laugh and be amazed!

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The Neemann family enjoys working together because it allows them to work everyday with the people they love most. The family also loves working with their employees. Rather than hiring subcontractors, Neemann & Sons, Inc. counts on their 30 skilled employees to provide quality work.

Neemann & Sons, Inc. specializes in roofing, siding and gutters, however they also offer services in windows, snow removal, and insulation. This time of year they are especially busy, as it is the time of year for outdoor projects. Regardless of the job, the Neemann's regard customer satisfaction as their number one priority and back all their work with a three-year warranty. With the completion of each project, they want their customers to think of Neemann & Sons, Inc. the next time they are need of services.

As most of their customers stem from referrals, the Neemann family appreciates living and working in Lincoln. The small town atmosphere of Lincoln provides Neemann & Sons, Inc. an excellent venue for their services. From one family to another, Neemann & Sons, Inc. will take care of your exterior projects this spring.



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Ideas for Summer Family Fun

While children are anxious for school to be over and summer to be here, the inevitable "I'm bored" will soon plague your ears. The following list of activities will help your family take full advantage the summer.

Hit the Trails

Enjoy the great outdoors as you get some exercise with a leisurely stroll or hike along one of Lincoln's various bike trails. Read up on the different flowers, trees, and birds native to your area, and give your children an informal nature lesson.

Go to a ball game

Take your family out to a ball game to see strikeouts, pop flies, and homeruns. Munch on peanuts and Cracker Jacks as your family and you experience one of America's greatest pastimes.

Plant a garden

See if you have a green thumb in your family. If you don't have space for a large garden, use a large pot filled with soil. Flower gardens are great, but so are vegetable gardens. Whatever you decide to plant, don't forget to water it!

Visit the zoo

Along with many other animals, the zoo houses lions, tigers and bears that will provide your family and you with a fun, unique, and inspirational experience.

Plan a picnic

Pick a park, pack a lunch and enjoy a lunch in the summer sun. Bring along a kite to fly, a Frisbee to toss, or ball to throw, as you spend your afternoon in the park.

Check out the library

Make this at least a weekly event. Get both individual books and a family book that you will read from together each day. Even older children who know how to read usually enjoy hearing stories, and you can talk about the books as a family as well.

Scavenger hunt

Get your kids outdoors this summer and scavenging for treasures in nature. Armed with a list of items to find, they will eagerly look at the world around them with more observant eyes.

For more Nebraska Summer fun ideas visit:

<http://www.visitnebraska.gov>

Neighborhood potluck

Obtain a permit to block off your street for a block party, or simply invite your neighbors over for a backyard barbeque. Enjoy good food, great company, and perfect summer weather.

Go to a farmer's market

See the wide variety of locally grown produce as you listen to local musicians and sample delicious breads and cheeses. Your family can also peruse the many stands offering homemade products, ranging from jewelry to outdoor decorations.

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Circle Me Trinity Chiropractic

Bo and Jennifer Bryson own two businesses, Trinity Chiropractic and circle ME. While the two businesses differ in the products and services they offer, the two businesses share a common goal, to enhance the lives of their customers.

In 2003, after Bo obtained his doctorate from Cleveland Chiropractic College in Kansas City, he co-founded Trinity Chiropractic; Bo became sole owner in 2006. The practice offers chiropractic services, as well as a variety of other services, including rehabilitation, core stabilization, nutritional consulting, massage and acupressure. Trinity Chiropractic also specializes in treatment of pregnancy related pain, such as low back pain and pelvic pain.

Through Trinity Chiropractic, Bo and Jennifer want to empower people to lead healthier, happier lives. With each patient, Bo not only tries to alleviate the pain, but also restore what might have been lost in the midst of pain – hope. Trinity Chiropractic also goes beyond a patient’s physical needs and, when appropriate, offers counseling services, making Trinity Chiropractic a place of mental, physical and emotional healing.

Next door to Trinity Chiropractic is circle ME, Bo and Jennifer’s natural family resource store, which for the past year-and-a-half has offered the largest local selection of cloth diapers & accessories and baby slings. As circle ME strives to inspire natural families, the store also offers a variety of classes, such as Cloth Diapering 101 and Baby Wearing 101.

While circle ME does have an online catalog, Bo and Jennifer want to keep circle ME a “brick and mortar” store. They believe it is the personal touch that makes the difference. circle ME also hosts a semi-annual REdiaper sale, allowing people to sell their used diapers and other natural family products.

Circle ME and Trinity Chiropractic may have individual purposes, but collectively their mission is “To Restore – To Build – To Prosper.” When customers walk through their doors, whether it be for five minutes or an hour, Bo and Jennifer hope to change lives for the better. To learn more, visit www.trinitychiro.com or www.circleme.me.



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The annoying habits of the people next door

This was the headline of a story recently published in the local newspaper. They wanted to know what irritated readers about their neighbors. Quite a response was given and printed – all the way from unkempt yards, barking dogs, peeling paint and trashy trash cans.

Now, we are relatively safe in saying that we have very, very few annoying neighbors. And, just to make sure that you couldn't be one of them listed in the article, are you guilty of any of the following?

- Unkempt yard – No one is asking that you trim the edges with your scissors, but do you have a nice, well-groomed lawn? Are your trees and bushes trimmed or is everything out-of-control?
- Well maintained exterior – Fresh paint, roof in good shape, everything is in working order.
- De-junked – Your back yard may be someone else's front yard. Walk around your house AND your garage. If you are storing "stuff" around the place, just remember that your neighbor has to look at it and may not like what they see. If you wouldn't want to look at your "stuff", remember that your neighbor really doesn't want to look at it either.
- Pets – Dogs who bark all the time and leave deposits in their

neighbor's yard. There is a leash law and a pooper scooper law. Cats that have late night fights, use the neighbor children's sandbox as their litter box and leave quite a perfume at times. You can call Animal Control and file a complaint.

- Trash cans – Gorgeous home but ugly trash cans in front of the house or at least visible from the street (or your neighbor's patio). No one wants to look at trash cans! The different refuse companies do make smaller totes that are easier to fit into your garage. If they just won't fit, build a small fenced area where they can be hidden. And, take the trash down the night before and put away the next day.
- Recycling bins – another tote that goes to the curb. We compliment everyone who recycles, but sometimes doing something good leads to something bad – litter! Those winds blow plastic milk jugs, newspapers, etc. all over the neighborhood. Have you noticed that most of the neighborhood litter is right when trash/recycle bins are picked up? Please secure your trash and your bins.

Now, if you are not guilty of any of the above, congratulate yourself. We hope the newspaper does an article about the "pleasing habits of the people next door."

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The Color of \$

Green is also the color of your yard and this brings added value to your property. The National Association of Realtors says that a well manicured yard increases the value of your home. Part of the whole “curb appeal” package, the condition of your yard and your landscaping is the first impression that your home makes. It is also the only part of your home that most people will ever see.

Being spring, HGTV and other programs and magazines are telling all of us what to do and how to do it. The end result is always a beautiful presentation that takes little money and time to maintain. Besides, it’s a great way to get outside, get some exercise and visit with your neighbors.

Your Lawn: This is the time to weed and feed. If you don’t like to use chemicals there are many organic products that work just as well. Remember, your lawn also needs to be fed to stay strong and healthy.

Trees, Shrubs and Bushes: This is the time to survey the situation. Feed if necessary. Definitely trim for the health of your tree/bush. This will also allow sunlight to filter to the lawn. Check for bugs and disease. Last year many pine trees in the neighborhood were lost to bugs and disease. Supposedly the ash tree is the next to be hit hard. At the first sign of any stress on your trees, call an arborist.

Landscape lights: “Runway” lights, or those little solar lights lined up in a row, are out; up-lighting is in. Focus on a pathway, an architectural feature, a beautiful tree.

Color: In the 1980’s and early ‘90’s lots of flower gardens and flowers everywhere were popular. They were beautiful when they bloomed, but what did you have left after that? A beautiful lawn is easier to maintain than lots of flowers planted everywhere. Bring in your color with pots and smaller garden areas. This will save you work and give you a greater punch with your color.

Water: Thank goodness for spring rains, but soon the heat of summer will be upon us. Watering your yard is not only good for the grass, but also good for your concrete and your foundation. Lack of water can cause the ground to shrink, harden and pull away from the house. Autumn rains and snow can then fill these voids. When it freezes it expands and puts pressure on basement walls. Water for the health of your lawn and your foundation.

Don’t know what to do? Call a lawn service and a landscape architect. They will know what is best for your home.

A Very Good Neighbor



Meet John Yowell. He moved into the neighborhood several years ago and definitely says this is “home”. He purchased 3168 Puritan, established a beautiful yard and has given his Cape Cod definite curb appeal.

While John was busy improving his property, CCNA was busy working on the improvements at Pocras Park.

John, a landscaping guru, knows that a well-watered turf improves the looks and health of your yard. Pocras Park was a perfect candidate for his expertise. He is responsible for the underground sprinkler system for all of Pocras Park. No more dying trees due to a lack of water! No more dusty, cracked, hard and parched ground! What an enhancement for the park and that part of the neighborhood!

Thank you, John Yowell and your support of our Neighborhood Park!



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CCNA

Quarterly Meeting

Tuesday, July 20th, 7pm

Irving Rec. Center

2010 Van Dorn.

Everyone is Welcome!

Savory Baked Chicken and Potato Dinner

- 4 boneless skinless chicken breasts
- 1/4 cup Dijon mustard
- 3/4 cup Original or Reduced Fat Bisquick® mix
- 1 1/2 lb small red potatoes, cut into fourths
- 1 medium bell pepper, cut into 1/2-inch pieces
- 1 medium red onion, cut into 16 wedges
- 1 Cooking spray
- 1/4 cup grated Parmesan cheese
- 1 teaspoon paprika

1. Heat oven to 400°F. Spray 15x10x1-inch pan with cooking spray.
2. Brush chicken with 2 tablespoons of the mustard, then coat with Bisquick mix. Place 1 chicken breast in each corner of pan. Place potatoes, bell pepper and onion in center of pan; brush vegetables with remaining 2 tablespoons mustard. Spray chicken and vegetables with cooking spray; sprinkle evenly with cheese and paprika.
3. Bake uncovered 35 to 40 minutes, stirring vegetables after 20 minutes, until potatoes are tender and juice of chicken is clear when center of thickest part is cut (170°F).

Banana Bread

- 1 1/4 cups sugar
- 1/2 cup butter or margarine, softened
- 2 eggs
- 1 1/2 cups mashed very ripe bananas
- 1/2 cup buttermilk
- 1 teaspoon vanilla
- 2 1/2 cups Gold Medal® all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 cup chopped nuts, if desired

1. Move oven rack to low position so that tops of pans will be in center of oven. Heat oven to 350°F. Grease bottoms only of 2 loaf pans, 8 1/2x4 1/2x2 1/2 inches, or 1 loaf pan, 9x5x3 inches.
2. Mix sugar and butter in large bowl. Stir in eggs until well blended. Add bananas, buttermilk and vanilla. Beat until smooth. Stir in flour, baking soda and salt just until moistened. Stir in nuts. Pour into pans.
3. Bake 8-inch loaves about 1 hour, 9-inch loaf about 1 1/4 hours, or until toothpick inserted in center comes out clean. Cool 10 minutes. Loosen sides of loaves from pans; remove from pans and place top side up on wire rack. Cool completely, about 2 hours, before slicing. Wrap tightly and store at room temperature up to 4 days, or refrigerate up to 10 days.

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Burying Utilities Along 27th: What to Expect

Last summer as I was driving north on 27th at about Jackson Drive, I had to squeeze to the right to avoid a left-hand turning truck. I heard a slight “click” as my right side mirror caught the utility pole that was planted smack up against the curb. There was no real damage to my car, but it was a stark reminder of what a pain the utility poles are along South 27th Street. This problem will soon be a thing of the past.

Beginning in mid July and lasting for about eight weeks, the Lincoln Electric System, Time-Warner Cable and Windstream will join forces to replace the utility poles and wires along 27th Street and replace them with new cabling, phone lines and street lights connected and powered with underground wires. The end result will be a safer and more attractive street through the heart of our neighborhood.

With any project of such magnitude, neighbors and travelers can expect significant disruption during the construction of this project. The work, which will be done on both sides of 27th street, will generally take place between the hours of 8:00 AM and 3:30 PM. As the project ramps up, there will be lots of flags, paint, wooden stakes and cones to mark the existing utilities and pinpoint location of the new lines and poles. Barricades will be used to direct traffic during the day but will be removed for the evening and morning rush hours. *“Public safety is our primary concern with a project like this”* according to LES Department Supervisor, Dave Brozek. *“This is a fairly narrow corridor and the work will require extra care both on the part of the workers and the public”* said Brozek.

The South 27th St project will employ directional drilling which will utilize electronic location along with hydro-excavation to avoid existing buried utilities and find its way underground, from one pole location to another. At each pole location there will be a small hole where the new wiring will be connected. A temporary barricading type fence will be erected around each excavation until new street light poles are installed. No trees should have to be removed as part of this project and sidewalks will remain opened. Once the new poles are installed and the lights are “turned on”, the old wooden poles will be removed. The new light poles will be metal, painted black and direct buried as opposed to being mounted on a concrete pad. The new light poles will be located about six feet from the existing curb. In cases where existing utility line cross 27th running east and west, there will still be wooden poles located two to six from the ex-

isting curb. Actual location will depend on the existing sidewalk, property lines and existing buried infrastructure.

Residents should expect considerable disruption during the construction phase of the project. However; once the new lights are installed and the old poles removed, all holes will be filled and new grass seed or sod will be planted. Sidewalks will be replaces where necessary. Hopefully, the end of the construction phase will coincide with the fall seeding season so grass will take root successfully.

By the time you read this article the detailed plans for locating the new lights and traffic control will be finalized. Homeowners along South 27th should have already received a letter about the project. As construction nears, LES will be contacting homeowners along South 27th to provide more details. LES will also publish details of the project on their website. If you have questions about this project you can call:

Dave Brozek **467-7691**, dbrozek@les.com
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From Your Lincoln Police Department

Burglary Awareness

The number of residential burglaries has gone down by approximately 17% in the past year, but in February there was an upswing in the number of burglaries reported to the Lincoln Police Department. A number of these recent home burglaries occurred during the daytime hours when residents were away from their house. Garage doors left up, entry doors left unlocked and property left out unsecured continue to be the main targets for the burglars and thieves.



By following some simple rules, you can reduce your chances of being the victim of a crime:

- *Lock your doors!* Unlocked doors are an invitation for a thief to commit a crime.
- Do not hide spare keys outside your home, instead give one to a trusted neighbor.
- Draw your shades at night, and leave a few lights on if you are going to be gone.
- Use automatic timers on lights when away from home.
- Do not open the door for a stranger. Talk through the locked door.
- Ask for identification from all repair persons or any non-uniformed police officer.
- Call to confirm a visitor's employment if you are uncertain.
- If your home has been broken into, *don't go in*. Call the police from a nearby phone and wait for them to arrive.

To minimize the chances of being burglarized, the Lincoln Police Department encourages residents to be alert of suspicious people or behavior in their area. Befriend and communicate with your neighbors. Work together with your neighbors to organize an informal neighborhood watch. With everyone looking out for everyone else, you can keep your neighborhood safe.

As not all burglaries can be prevented, there are several precautions you can take in the event you are burglarized. Keep an inventory list with receipts or photos of your belongings, especially the expensive items. Consider engraving certain possessions with an identification marker, which can prove ownership of recovered items. Also, make sure you have appropriate coverage, such as renter's insurance or additional coverage for expensive jewelry and antiques.

Despite all the precautions you may take to prevent a burglary, remember the most important thing you can do is call the police if you see any suspicious activity occurring in your neighborhood.

Expanding Your Neighborhood Watch Area

We are fortunate in Lincoln to have several public green-spaces accessible throughout the city. These public spaces include our parks, gardens, pools, recreation centers, trails and golf courses. If you enjoy some of these features in or near your neighborhood please consider them as part of your "watch" area. If you see suspicious activities occurring in these areas approach it in the same way as you would if the activity was happening next door at a neighbor's house. It is important to maintain appropriate use at our public parks to keep them open and approachable to those they are designed to serve. For example- if your area park has an aggregate or rubber play surface with structures designed for children up to age 6 or so we should not allow or encourage the 16 to 19 years old to use it as a "hang-out" area where they may engage in behaviors not appropriate for that space. Try to be aware of suspicious adults near areas children would use, if you see graffiti, or other vandalisms, be sure to report it to the police or the parks office. Above all take advantage of these spaces and enjoy them- legitimate activities there will discourage any illegitimate use.

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	Beauty
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	Chiropractic
17	<i>Trinity Chiropractic</i>
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18	<i>South Lincoln Dermatology</i>

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Chronicle

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